Mennonite College of Nursing at Illinois State University







# Producing the Preferred Graduate

ILLINOIS STATE UNIVERSITY



# **Mission**

The mission of Mennonite College of Nursing is to educate undergraduate and graduate nursing students to serve the citizens of Illinois, the nation, and the global community. Mennonite College of Nursing acknowledges a particular responsibility to address the nursing and health-care needs of urban and rural populations, including those who are vulnerable and underserved. The College of Nursing builds upon the educational foundation previously acquired by students. The college creates a dynamic community of learning in which reflective thinking and ethical decision-making are valued. The college is committed to the promotion of nursing scholarship at the national and international levels through research, service, and practice. Mennonite College of Nursing is committed to being purposeful, open, just, caring, disciplined, and celebrative.



# Mennonite College of Nursing

at Illinois State University

# Annual Report JULY 1, 2005–JUNE 30, 2006

Vision

Producing the Preferred Graduate

# About us

Mennonite College of Nursing became Illinois State University's sixth academic college on July 1, 1999. The rich heritage of Mennonite College of Nursing began in 1919. For more than 85 years, the primary mission has been to prepare professional nurses by providing a quality education. This mission continues at Illinois State. Mennonite College of Nursing is located in Edwards Hall.

# Accreditation

### Accredited degree programs, baccalaureate and master's:

Commission on Collegiate Nursing Education One Dupont Circle, NW, Suite 530 Washington, D.C. 20036

> Telephone: (202) 887-6791 Facsimile: (202) 887-8476

Date of last review for both programs: April 3, 2002 Both programs accredited through December 31, 2007 Initial accreditation action for both programs: September 28, 2002 Most recent accreditation action for both programs: September 28, 2002 Next review for both programs: Spring 2007

# Contact us

Illinois State University Mennonite College of Nursing Campus Box 5810 Normal, IL 61790-5810

Telephone: (309) 438-7400 E-mail: mcninfo-l@ilstu.edu Web site: www.IllinoisState.edu/nursing Associate Director, Public Relations Amy Irving Mennonite College of Nursing

Associate Director, Publications Mary Cowdery University Marketing and Communications

Copy Editor Cristy Scoggins University Marketing and Communications

Feature Writer Elaine Graybill University Marketing and Communications

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# A message from the dean Meeting the community needs

I am amazed with what Mennonite College of Nursing has accomplished in the past year! As we continue to grow, we develop important collaborations and partnerships to deal with the challenges and opportunities in nursing.

The dramatic increase in demand for nurses is not only a nationwide concern, but is it also a community concern in Central Illinois. There is an international critical shortage of nursing faculty. In order for us to produce more nurses, we must also produce more nursing faculty to teach and conduct research at the graduate level. Mennonite College of Nursing at Illinois State University is meeting these needs by offering new programs to produce more faculty and nurses.

In July of 2005, the college received a three-year grant funded by the Health Resources and Services Administration (HRSA) for a collaborative doctoral program with The University of Iowa College of Nursing, focusing on caring for the older adult. In this issue, you will read about how this program will meet the need of producing quality faculty.

We are also meeting the community need of producing more nurses by developing an innovative, accelerated B.S.N. sequence in the undergraduate program. This past year the college collaborated with Research and Sponsored Programs and Sue Deason, assistant director at Extended University, and received funding from the U.S. Department of Labor. By establishing this accelerated sequence, the college will be producing quality nurses in half the time.

As you read through this issue of the annual report, you will learn about other exciting projects, research, and grants. I am thankful for the tremendous talents of our faculty and staff. Their productivity of work is outstanding and our vision of "Producing the Preferred Graduate" continues. I am also thankful for all the support we receive from alumni, friends, and donors. Your support helps us Produce the Preferred Graduate and meet the needs of our community. Thanks so much!

Nancy Ridenour, Ph.D., RN, APRN, BC, FAAN Robert Wood Johnson Executive Nurse Fellow Dean and Professor



# Research

Community-engaged scholarship is beginning to flourish at Mennonite College of Nursing. The college has a long history of engaging students in educational experiences that emphasize community involvement in teaching and service. This year's annual report highlights several examples of this same community commitment in the areas of research and scholarly activities.

Community scholarship begins with clearly defined goals, uses rigorous methods of inquiry, and ensures that a communication and review process is in place to evaluate findings. The college's continued clinical partnerships are providing numerous opportunities for faculty and students to actively engage in scholarship targeted to improve the health and well-being of the overall community and its individual members. Illinois State University is fully committed to providing students with learning opportunities that encourage community participation and development as engaged citizens. I am pleased that this year's annual report illustrates a number of faculty scholarship activities that directly contribute to this larger university goal.

Brenda Recchia Jeffers, Ph.D., RN Associate Professor Director, Graduate Program, Research and Scholarly Activities



# **Development**

Thank you to the many donors who have shown their confidence in the Mennonite College of Nursing at Illinois State University's continuing commitment to "Produce the Preferred Graduate." Giving to our nursing programs remains strong. In this fiscal year, nearly \$500,000 was raised in support of our programs. This is a phenomenal vote of support by our partners, our alumni, our friends, and family.

These gifts are vital to our college. Support to Mennonite College of Nursing has enabled the college to increase enrollment at a time when budgets have been reduced. Our dean frequently reminds us that without donor support, we would be admitting classes of 80 students instead of classes of more than 100. Gifts to Mennonite College of Nursing directly impact our students, our programs, and, most important, our community. Thank you!

Closest to home, the Class of 2006 joined together to present the dean with a gift of over \$550 at the candle-lighting ceremony. Many of the seniors made gifts honoring their parents, faculty, and other significant people in their lives who helped them on their road to becoming a nurse. We appreciate

the Class of 2006 for their leadership, hard work, and commitment to Illinois State. Likewise, our faculty and staff continue to add their financial support to the college. Nearly 100 percent of MCN faculty and staff continue to make annual gifts to the college.

Alumni support through the telefund raised over \$27,000! Thank you to those who took the time to talk with the student callers. Many of our callers this year were freshman and sophomore students at Illinois State interested in nursing. They were energetic and enthusiastic about our wonderful nursing program, and they loved hearing your stories.



As you peruse the pages of this issue, I hope that you see that a gift to Mennonite College of Nursing is a gift of impact. We are so proud of all this college has achieved, thanks to YOU!

Jenny Ward Director of Development

# Mennonite Nurses Alumni Organization Board of Directors JULY 1, 2005–JUNE 30, 2006

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Jenny Ward Director of Development



# Evidence-based practice gives hospitals a new way to achieve quality results

#### **By Elaine Graybill**

EVIDENCE

Faculty member Sandi Burke, at work at BroMenn Regional Medical Center, wears a button showing a detective looking through a magnifying glass with the words, "Look for evidence." BroMenn Clinical Assistant Professor Burke is one of two Mennonite College of Nursing (MCN) faculty

members carrying out research on various effects of evidence-based practice (EBP) in Central Illinois medical centers. Associate Professor Brenda Jeffers has been

a research facilitator in critical care areas at Memorial Medical Center in Springfield for nearly two years. Burke is in her second year of a continuing relationship with BroMenn.

Evidence-based practice is a new problem-solving approach in the United States being used to improve health-care practices and patient safety through a systematic examination of research, clinical judgment, and patient values as they relate to specific procedures. Health-care professionals apply the EBP approach to problems ranging from finding a better way to clean umbilical cords to reducing the incidence of post-surgical infection. EBP advocates find the approach promising on several fronts. First, EBP promises to foster better collaborative relationships among nurses, physicians, and other medical professionals. With the merits of the process, plus improved collaboration, EBP already

has been shown to improve outcomes for patients.

MCN is working to integrate EBP content across all courses, said Jeffers, who is director of the graduate program, research, and scholarly activities for the college. "The entire environment where students will be working after graduation is changing" because of EBP, Jeffers remarked, and MCN is working to prepare the future nurses. "We are cultivating clinical experiences for students" to add to the course content, she said. It is valuable to have faculty members practicing EBP so they can take their knowledge back to the classroom.

The movement spread through the United Kingdom and Canada before taking hold in the United States in the late 1990s. Jeffers said one barrier to EBP is that nurse and physician practice often is individualized, varied, and based on how they were educated. Another barrier to EBP disappears, Burke said, when health-care professionals understand the process is not strictly a utilization of research but more inclusive in the factors considered (e.g., research, clinical judgment, patient values, and appropriateness for the setting). The Institute of Medicine "Quality Chasm" health-care quality initiative, with information at www.iom.edu/CMS/8089.aspx, is a driving force in the EBP movement in the United States.

Both Burke and Jeffers use what is called the "Iowa model" of EBP, which originated at The University of Iowa. The first step in the Iowa model is to ask, "Is this research question important for our institution?" The essence of the process is searching the literature to identify the most current and relevant evidence with which to answer the clinical question. Next is a scrutiny of the nursing unit to understand if a new practice would work there. If the practice is implemented, the Iowa model calls for the follow-up question, "How did it work here?"

In their hospital settings, Jeffers and Burke help staff frame their questions in a simple format that can be answered, and they guide the process of discussion and systematic review that may lead to a change.

At BroMenn, Burke, the only academic staff member at the medical center, supports and participates in journal clubs, which are voluntary monthly meetings of nurses to evaluate recent research findings relating to their practice. She also introduces new nurses to EBP at monthly orientation meetings. She provides materials to nurses to help them understand EBP, and she helped create a council for research and EBP with representation from across the hospital as well as local colleges and universities. She personally heads up one EBP team in her area of expertise—diabetes—and she works with medical staff on other quality-improvement projects.

Burke's position with BroMenn is set up in such a way that her time there will gradually decrease from 80 percent this year until it reaches 20 percent, so she is preparing others to play more of a role in EBP. "It is my intention to grow the capacity of the staff to be EBP resource nurses," she said. She described the medical staff as being "incredibly" receptive to this new approach to quality improvement.

At Memorial Medical Center, where Jeffers is one of three research facilitators, she has been assisting the emergency department in examining its policy for determining correct placement of patients with abdominal pain in the emergency room. The staff felt their triage tool that helped with that decision for other patients was not sensitive enough for those with abdominal pain. Jeffers and the staff consulted medical literature and their own data, carried out benchmarking, and added in the other elements of EPB including clinical judgment, patient values, and appropriateness for the setting. Representatives of all areas of a medical center involved in a practice are involved in the EBP process before a new procedure is implemented. Staff decided that regardless of the type of abdominal pain, all those patients would go to the same emergency department area. That new practice has been implemented, and now staff are evaluating it. This is just one of many projects and activities Jeffers coordinates at the hospital.

Burke verbalized the benefit this approach can have for the profession of nursing. The name itself is important, she said, noting it is evidence-based practice, not evidence-based nursing or medicine. EBP, she said, "allows the different disciplines to work together to reach the best patient outcomes." The role of nurses in EBP empowers them, removing them from a perceived dependency of past years to a position in which they can use their competency and skill in a visible way. "This will allow the profession of nursing to become even more highly regarded," Burke said.

# Awards

### **Distinguished Alumni Award**

The Distinguished Alumni Award is presented to a graduate of the Mennonite College of Nursing at Illinois State University (or formerly the Mennonite School/College of Nursing) who 1) has demonstrated significant accomplishments and leadership in the field of nursing, as well as other civic, cultural, or charitable activities; 2) has demonstrated a dedication to nursing and shows outstanding professionalism, and by her or his example has promoted and elevated the general image of the profession of nursing; 3) has demonstrated continued



has demonstrated continued interest in and support for the college; and 4) personifies the values of the college is her or his life. This is the highest award the college bestows upon its graduates.

2005 recipient, Cynthia (Murphy) Ptasnik '81

### Young Alumni Award

The Young Alumni Award is presented to a graduate of the Mennonite College of Nursing at Illinois State University (or formerly the Mennonite School/College of Nursing) who 1) is under the age of 35; 2) has

demonstrated significant accomplishment and leadership in the field of nursing, or in other civic, cultural, or charitable activities, as may be notable among those of the specified age group; and 3) personifies the values of the college in her or his life.

2005 recipient, Yvette (Conerly) Glenn, M.S.N. '01



#### **MNAO Service Award**

The MNAO Service Award recognizes exceptional service to the Mennonite College of Nursing at Illinois State University; to the Mennonite Nurses Alumni Organization; or to humanity, inasmuch as such service reflects the values of the college. The recipient may or may not be a graduate of Mennonite College of Nursing. Nominations

for these awards will be accepted at any time from any alum or friend of the college. For each year, nominations made after May 1 may be held until the fall of the following calendar year.

2005 recipient, David K. Chow, M.D.



All nursing alumni are encouraged to nominate deserving individuals for Mennonite College of Nursing awards. For details and nomination forms, please call Alumni Relations at (309) 438-2586 or toll free at (800) 366-4478, or visit www.IllinoisState.edu/alumni/ mennonite.shtml.

# Honor roll of donors

### JULY 1, 2005–JUNE 30, 2006

Mennonite College of Nursing at Illinois State University is grateful to the following alumni, friends, corporations, and foundations for their generous gifts and pledges received by the Illinois State University Foundation.

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Harriet R.Graff State Farm Foundation

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# 2006 Scholarship Luncheon

Mennonite College of Nursing hosted a scholarship luncheon for donors and their student recipients on April 13, 2006. Present Al Bowman, along with 17 scholarship donors and their student recipients, attended the luncheon.



### Private scholarship recipients, July 1, 2005–June 30, 2006

**MNAO Alumni Scholarship** Naomi Abel Jessica Blanchard Amanda Boydstun Megan Bunker Jeanne Carlton Marissa Emerson **Elizabeth Frazier** Mark Jiron Katie Koza Jessica Memmel Whitney Mizera **Diane Romito** Katherine Smith Elizabeth Strain Lauren Woodard Ann Yording

### MNAO Student Transcultural Scholarship

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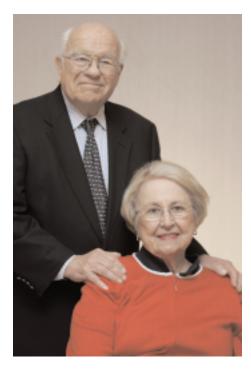
Roy Schilling, Jessica Blanchard



Joyce Morlan, Jeanne Carlton, Larry Morlan



Dale Mellon, Katherine Smith



# The William E. and Nancy Froelich Endowment for Long Term Care

In 1960 William E. Froelich realized the need for a nursing home designed for and dedicated to providing quality services to meet the wide variety of needs of its residents. As a funeral director and operator of an ambulance service, Mr. Froelich's compassion and understanding for the needs of the older adult and their families was profound. Mr. Froelich has always aimed high, believing in "quality above everything else." He presented his idea of a comprehensive care facility to his first partners, and soon thereafter, Heritage Nursing home became the first full-service nursing home in Bloomington in 1963.

Mr. Froelich's exemplary leadership and timely idea was the beginning of what was to become a large network of Heritage long-term care facilities committed to a wide range of residential health-care services for seniors.

Nancy Froelich's name is associated with committed and engaged leadership in the local community, in business, higher education, and

nursing. Mrs. Froelich's passion for excellence in health care extended to the Mennonite College of Nursing where she guided the college through her service on the board—first as vice president from 1983 to 1990 and then as vice chairperson from 1991 to 1995. Mrs. Froelich's confidence in and commitment to the Mennonite College of Nursing continued through its transition to Illinois State University and the college acknowledged her dedication by awarding her the title of honorary nurse.

William and Nancy Froelich have long known that quality care in the nursing home is closely associated with quality nursing. Heritage Enterprises' reputation is growing as a leader in long-term care nursing. Through the establishment of the William E. and Nancy Froelich Endowment for Long Term Care at the Mennonite College of Nursing, the Froelichs ensure that nursing excellence in long-term care remains a cornerstone of the nursing program. In this way, the college will continue the tradition of innovation and compassion in long-term care the Froelichs inspired in the 1960s.

### **First recipient**

Charlene Aaron was named the first recipient of the William E. and Nancy Froelich Award for Excellence in Long Term Care. Aaron received her master's degree in nursing systems administration in May 2006, and plans to begin classes in the collaborative Ph.D. program offered by Mennonite College of Nursing and The University of Iowa.

"I am very appreciative of the Froelichs' generosity in establishing the endowment and I am honored to be chosen as the first recipient of the Award for Excellence in Long Term Care," said Aaron. "The support I am receiving from this award will help me further my education and my research into improving care for older adults with dementia."

Aaron is the coordinator of the Expanding Teaching Nursing Home Project at Mennonite College of Nursing. This project works to attract more nurses to careers in long-term care settings. Prior to this job, Aaron was the director of nursing at Examplem Lodge in Pontiae

Evenglow Lodge in Pontiac.

"Mennonite College of Nursing is very appreciative of this generous gift from William and Nancy Froelich," said Nancy Ridenour, dean of Mennonite College of Nursing. "Quality care in the nursing home is a result of quality nursing. Mennonite is proud to produce quality nurses and we are becoming nationally known for our excellence in geriatric care. We are proud to honor Charlene Aaron as the first recipient of this award."



# Collaborative Doctoral Program: Caring for Older Adults

In July of 2005, Mennonite College of Nursing (MCN) at Illinois State University received a threeyear, \$1.1 million Advanced Education Nursing Grant awarded by the Health Resources and Services Administration. The purpose of the grant was to establish a collaborative doctoral degree program between MCN and The University of Iowa (UI) College of Nursing with a focal area in aging.

"The collaborative doctoral program grant was written to allow students admission into the doctoral program at UI while the program at MCN is being developed and approved," said Jennie Collings, program associate of the doctoral program at MCN. "Doctoral students will register for core nursing courses at UI and will supplement those with cognates offered at Illinois State. By doing this the students will immediately impact the shortage of nursing faculty rather than waiting two more years before they would have access to the program at MCN."

Students will have the opportunity to take courses at both institutions, allowing them to benefit from the expertise of faculty at each site through the use of PolyCom, an Internet-based video conferencing technology. This arrangement will reduce the need to travel between the two institutions. The degree will be awarded from UI for the first group of students entering the program and in future years from Illinois State, pending approval.

In the fall of 2005, MCN hired a grant team consisting of a project coordinator, secretary, and graduate assistants to facilitate the grant objectives. Mailings to potential doctoral students produced the first enrollee for courses in the fall of 2005. For Marcena Gabrielson, an instructional assistant professor at MCN and full-time student, acceptance into this new collaborative doctoral program between UI and Illinois State was the perfect fit. "I want to obtain a Ph.D. in nursing so I can pursue some special

research interests," said Gabrielson. "My research interests focus on the health disparities among different groups in the older adult population."

Geri Kirkbride, director of nursing services at St. Vincent Memorial Hospital in Taylorville, was accepted in the collaborative doctoral program and began taking courses in the spring of 2006. Kirkbride decided to pursue her doctoral degree because of her passion for nursing. She stated, "I love nursing. I'm passionate about it and I'm concerned about the future of health care, specifically nursing. I want to better prepare myself to be a facilitator for the changes in health care, especially rural health care. In a Ph.D. program, you can focus on different areas of interest-for example, administration, gerontology, and nursing informatics. You can choose your area of focus and gain expertise in that area."

Teri Saxton was also accepted into this program, and began taking doctoral courses in the fall of 2006. Saxton, an instruc-



Title of grant The Collaborative Doctoral Program

Lead writer Denise Wilson, associate professor, Mennonite College of Nursing

**Principal investigator** Brenda Jeffers, associate professor, Mennonite College of Nursing

Amount funded \$1,127,475

**Funding agency** Health Resources and Services Administration

tional assistant professor at MCN, loves the research focus of the doctoral program. "There is so much



Teri Saxton

research out there, and I love research," said Saxton. "I am drawn to the Ph.D. program because of its research base."

The partnership between MCN and UI was an attraction to many of the students. "The Ph.D. program at the Mennonite College of Nursing is affiliated with The University of Iowa's nursing program, which is a strong program and well recognized for its strength," said Kirkbride. "My experience with the Mennonite College of Nursing program, where I earned a master's degree, is that it is a very high-quality program and that's what attracted me to stay in this area to pursue my Ph.D."

Saxton added, "One of the strengths of the Ph.D. nursing program at Mennonite is its collaboration with The University of Iowa. The UI nursing program has a focus on aging and nursing administration, and I like both of those areas-for me, it's the best of both worlds."

During the summer of 2006, MCN faculty developed a curriculum for the doctoral program to be offered at Illinois State. In the fall of 2006, MCN was granted temporary approval to offer one Ph.D. nursing course, and then expects to offer an additional course each semester until program approval is granted. It is projected that in the spring of 2008, Illinois State will receive full program approval to offer the doctoral program.

"After program approval, UI and MCN plan to continue sharing resources by encouraging doctoral students from both universities to take courses at either site," said Collings. "Everyone involved in the project has the same goal: to prepare nurse scientists in research, education, and practice to meet the increasing needs of an aging population."

# Accelerated B.S.N.

Title of grant

lead writer

Extended University

Amount funded

Funding agency

Training in Nursing and Small

and Under Employed Workers

Principal investigator and

Sue Deason, assistant director,

\$496,000 (disbursed between

MCN and College of Business)

U.S. Department of Labor

**Business Development for Displaced** 

Mennonite College of Nursing and Extended University at Illinois State University have worked together to find innovative ideas to increase enrollment for students interested in nursing, due to the nationwide nursing shortage.

In April 2006, Illinois State University received a two-year grant from the U.S. Department of Labor in the amount of \$496,000. The purpose of this grant is to help train dislocated and underemployed workers in the central Illinois area. Congressman Tim Johnson helped Illinois State secure this federal grant.

Illinois State University will utilize these funds to provide an accelerated B.S.N. sequence at Mennonite College of Nursing (MCN) and small business development training for displaced workers from Mitsubishi and other companies at the Illinois Small Business Development Center, which is located within the College of Business.

By 2012, the American Association of College of Nursing (AACN) has stated there will be a need for more than one million new and replacement registered nurses. Nursing programs across the country have been exploring new and creative ways to meet this demand for nurses; one innovative option is to offer non-nursing baccalaureate graduates the opportunity to receive a B.S.N. degree through an acceler-

ated format. The curriculum of the accelerated B.S.N. sequence at MCN is the same as the traditional program; however, students will be able to complete their courses in one calendar year, versus the standard two-year program.

"The traditional prelicensure program offered at MCN consists of 14 courses. The accelerated B.S.N. sequence consists of the same 14 courses, but are dispersed over four 12-week sessions as opposed to four 16-week sessions," said Kelli Tillery Hill, program coordinator for the B.S.N. accelerated sequence. Due to this challenging and demanding schedule, students who are accepted into this program are strongly discouraged from working while going to school.

Ten students have been accepted into the accelerated sequence at MCN for the 2007 program. As required in the traditional preliscensure program, prerequisite courses must be completed before beginning the accelerated sequence. The accelerated students will begin their first session in January 2007, and those who successfully complete the program will receive their B.S.N. degree in December. Previous degrees earned for this group of students include art, biology, family studies, medical technology, music, psychology, Spanish, and English.

There are many benefits in offering an accelerated nursing sequence. Mennonite College of Nursing will benefit by attracting high-achieving,

dedicated, mature students. Students have the benefit of completing their education in half of the time it would if they enrolled in a traditional program, and will be able to become employed immediately following graduation. For health-care employers, graduates from MCN's accelerated sequence will be highly motivated, confident nurses who want to continue to stay in the Central Illinois area. And finally, for the community, this program creates opportunities for local underemployed or displaced citizens to be educated in a fast-paced, demanding job market.

"We feel fortunate that we received federal funding to offer a much needed accelerated B.S.N. sequence in our community," said Pam Lindsey, undergraduate program director of MCN. "With the number of applications we have received for admission, it is obvious there is an interest in people wanting to change their careers to nursing." Plans are underway for a second cohort to begin in January 2008. This program will be offered with Illinois State's Extended University and the McLean County Chamber of Commerce.



2007 accelerated B.S.N. cohort

# Administration, faculty, and staff JULY 1, 2005–JUNE 30, 2006

# Administration and staff

#### Office of the Dean

Nancy Ridenour, Ph.D., RN, APRN, BC, FAAN Robert Wood Johnson Executive Nurse Fellow Dean and Professor

Sara Campbell, D.N.S., RN, CNAA, BC Associate Dean

Diane Folken Associate Director, Business and Finance

Amy Irving Associate Director, Public Relations

Lissa Bevins Staff Clerk Marilyn Mehl Secretary Ellen Birky Extra Help Secretary

#### Information Technology

Jeff Grabb Associate Director Dustin Brown Specialist

#### Student Services

Pam Lindsey, D.N.Sc., RN Undergraduate Program Director Janeen Mollenhauer Associate Director, Undergraduate Program Ola Bello Assistant to the Associate Director Joanne DeRoeck Secretary Tenna Webb Secretary

#### **Research and Graduate Program Office**

Brenda Jeffers, Ph.D., RN Director of the Graduate Program, Research and Scholarly Activities

Jennie Collings

Project Coordinator, Collaborative Doctoral Grant Lee Ann Gordon

Secretary of the Collaborative Doctoral Program

Michelle Hopkins Secretary of the Graduate Program, Research and Scholarly Activities

### Joe Warner Teaching Nursing

Home Project/Expanding Teaching Nursing Home Project Sara Campbell, D.N.S., RN, CNAA, BC Brenda Jeffers, Ph.D., RN Co-Principal Investigators

Charlene Aaron Project Coordinator Beth Objartel

Advanced Practice Nursing Bonnie Schmid, RN, M.S., MPH Master's Prepared Project RN

Isaac Akins Multimedia Web Developer Annrika Campbell Secretary

### Women First! Project

Caroline Mallory, Ph.D., RN Principal Investigator Melissa Neely Research Coordinator LaToya Watson-Taylor Research Assistant

#### Librarian

Diane Mather, MALS Science Reference Librarian

Development Jenny Ward Director of Development

## Faculty

#### Professor

Nancy Ridenour, Ph.D., RN, APRN, BC, FAAN

#### Associate professors

Sara Campbell, D.N.S., RN, CNAA, BC Eileen Fowles, Ph.D., RNC Brenda Jeffers, Ph.D., RN Caroline Mallory, Ph.D., RN Denise Wilson, Ph.D., APN, CNP

#### Assistant professors

Kim Astroth, Ph.D., M.S., RN Sandi Burke, Ph.D., RN (8/06) Mary J. Dyck, Ph.D., RN, BC, LNHA Susan Kossman, Ph.D., RN Pam Lindsey, D.N.Sc., RN Wendie Medina, D.N.P., M.S., RN Wendy Woith, Ph.D., RN (8/06) Pi-Ming Yen, Ph.D., RN (8/06)

### Instructional assistant professors

Dianne Clemens, M.S.N., RNC Mary Cranston, M.S., RN Pam Ferguson, M.S.N., RN, C Marcena Gabrielson, M.S.N., RN, C Karrie Ingalsbe, Ph.D., RN Cathi Kaesberg, M.S.N., RN Cathi Kaesberg, M.S.N., RN Camille Little, M.S., CS Cindy Malinowski, M.S.N., RN Sue Mendez, M.S.N., RN, CFNP Gail Petro, M.S.N., RN, ANP Bonnie Schmid, RN, M.S., MPH

#### **Clinical instructors**

Renell Composto, M.S.N., RN Mark Dabbs, M.S.N., RN Jackie Deffenbaugh, M.S.N., RNC, WHNP Geri Kirkbridge, M.S.N., RN Nanette Marx, M.S., RN Cathy Moe, M.S.N., RN Jamie Penrod, M.S.N., RN, CS Teresa Saxton, M.S.N., RN Rita Schlomer, M.S., RN, APN, CCNS Deb Smith, M.S., M.B.A., RN, CNAA

## **Adjunct faculty**

Mary Jo Brown, M.S.N., RN St. John's Hospital

Trish Cunningham, M.S.N., RN St. John's Hospital

Uday Deoskar, M.D.

Senior Health and Geriatric Medicine Sharon Miller, M.S.N., RN

St. John's Home Health

Leslie Montgomery, M.S.N., RN, CCRN Memorial Medical Center

Kristi Olson-Sitki, M.S.N. Memorial Medical Center

Donna Redding, Ph.D., RN Memorial Medical Center

Shelia Rhodes, M.S., RNC, CNM

Memorial Medical Center Judy Ridinger, M.S., RN, BC

Memorial Medical Center

Marianne Scannure, M.S., RN Memorial Medical Center

Cindy Trainor, M.S., RNC, LCCE, CD (DONA) St. John's Hospital

Barbara Walpole, Ed.D., RN Marengo, Illinois

# Presentations JULY 1, 2005–JUNE 30, 2006

### Kim Astroth, Ph.D., RN

Assistant Professor Astroth, K. (2006, April). Healthy lifestyles of

adults in a work setting. Poster session presented at the 30th Annual MNRS Research Conference: Linking Research and Practice: A Roadmap to the Future, Milwaukee, WI.

#### Sandra Burke, Ph.D., CNP, BC-ADM BroMenn Endowed Assistant Professor

Burke, S.D. (2006, June). Implementing the SIP bundle in a community hospital. Poster session presented with P. Bierbaum at the 5th Annual Conference on Evidence Based Practice, San Antonio, TX.

Burke, S.D. (2006, April). Choices and changes: Clinician influence and patient action in diabetes self-management training. Presented

at the Central Illinois Diabetes Educators, Methodist Medical Center, Peoria, IL.

Burke, S.D. (2006, March). Choices and changes: Clinician influence and patient action in diabetes self-management training. Presented at the Central Illinois Dietetics Association, Normal, IL.

Burke, S.D. (2006, February). Implementing the SIP bundle in a community hospital. Poster session presented with P. Bierbaum at Memorial Medical Center Research Conference, Springfield, IL.

Burke, S.D. (2006, January). Choices and changes: Clinician influence and patient action in diabetes self-management training. Presented at the Illinois Department of Public Health, Springfield, IL. Burke, S.D. (2005, October). The hospitalized patient with diabetes: The nuts and bolts of nursing care. Presented at Provena Covenant Medical Center, Urbana, IL.

Burke, S.D. (2005, July). Choices and changes: Clinician influence and patient action in diabetes self-management training. Presented at the Illinois Department of Public Health, Springfield, IL.

#### Sara L. Campbell, D.N.S., RN, CNAA, BC Associate Dean, Associate Professor

Campbell, S.L. (2005, November). The teaching nursing home model in practice. Symposium presentation at the Sigma Theta Tau International 38th Biennial Convention, Indianapolis, IN. Campbell, S.L. (2005, November). Creating teaching, learning, and research opportunities in a collaborative teaching nursing home partnership. Presented with Mary Cranston, Brenda Recchia Jeffers, Pat Malik, and Bonnie Schmid at the Sigma Theta Tau International 38th Biennial Convention, Indianapolis, IN.

Campbell, S.L. (2005, October). Partnering to infuse best practice care for the nursing home resident: The Sisters Model. Poster session presented with Brenda Recchia Jeffers at the National Gerontological Nursing Association 20th National Convention, Myrtle Beach, SC.

#### Jennie Collings, MPH Project Coordinator, Collaborative

Doctoral Program

Collings, J. (2006, January). Collaborative doctoral program: Caring for older adults. Poster session presented with Brenda Recchia Jeffers at the American Association of Colleges of Nursing: 2006 Doctoral Education Conference, San Diego, CA.

#### Mary Cranston, M.S., RN Instructional Assistant Professor

Cranston, M. (2005, November). Creating teaching, learning, and research opportunities in a collaborative teaching nursing home partnership. Presented with Sara Campbell, Brenda Recchia Jeffers, Pat Malik, and Bonnie Schmid at the Sigma Theta Tau International 38th Biennial Convention, Indianapolis, IN.

#### Mary J. Dyck, Ph.D., RN, BC, LNHA Assitant Professor

Dyck, M.J. (2006, March). Comparing the geriatric depression scale, minimum data set, and primary care provider diagnosis for depression in rural nursing home residents. Presented with Cindy Kerber and Kitty Buckwalter at the 30th Annual Midwest Nursing Research Society (MNRS), Milwaukee, WI.

Dyck, M.J. (2005, September). Comparing the geriatric depression scale, minimum data set, and primary care provider diagnosis for depression in rural nursing home residents. Poster session presented with Cindy Kerber and Kitty Buckwalter at the Geropsychiatric Nursing: State of the Future Conference, Philadephia, PA.

#### Eileen R. Fowles, Ph.D., RNC Associate Professor

Fowles, E.R. (2006, March). Factors affecting nutritional intake and weight retention in postpartal women. Presented at the 30th Annual Midwest Nursing Research Society (MNRS), Milwaukee, WI.

Fowles, E.R. (2005, November). Identifying healthy eating strategies in low-income pregnant women: Applying the positive deviance approach. Poster session presented at the Sigma Theta Tau International 38th Biennial Convention, Indianapolis, IN.

Fowles, E.R. (2005, July). Identifying healthy eating strategies in low-income pregnant women: Applying the positive deviance approach. Poster session presented at the AWHONN 2005 Convention, Salt Lake City, UT.

#### Brenda Recchia Jeffers, Ph.D., RN Director of Graduate Program, Research and Scholarly Activities; Associate Professor

Jeffers, B.Ř. (2006, June). Pillow talk: Examining pillow cores in a regional burn center. Poster session presented with Rosalie Mottar, Margaret Roth, Mike Allen, Rita Gerber, and Tammy Berry at the APIC: American Association for Practitioners in Infection Control, Tampa, FL. Jeffers, B.R. (2006, January). Collaborative doctoral program: Caring for older adults. Poster session presented with Jennie Collings at the American Association of Colleges of Nursing: 2006 Doctoral Education Conference, San Diego, CA.

Jeffers, B.R. (2005, November). Creating teaching, learning, and research opportunities in a collaborative teaching nursing home partnership. Presented with Sara Campbell, Mary Cranston, Pat Malik, and Bonnie Schmid at the Sigma Theta Tau International 38th Biennial Convention, Indianapolis, IN.

Jeffers, B.R. (2005, October). Partnering to infuse best practice care for the nursing home resident: The Sisters Model. Poster session presented with Sara L. Campbell at the National Gerontological Nursing Association 20th Anniversary Conference, Myrtle Beach, SC.

Jeffers, B.R. (2005, September). Research utilization in the emergency department: The accelerated chest pain evaluation protocol. Poster session presented with David Griffin, Jennifer Boyer, Becky Calloway, and Chrissy Phillips at the SIUE Martha Welch Research Day, Edwardsville, IL.

Jeffers, B.R. (2005, September). Nurses' knowledge of safe and effective practice related to pulse oximetry. Poster session presented with Mary R. Barnes and Rachael Woods at the SIUE Martha Welch Research Day, Edwardsville, IL.

#### Lynn Kennell, M.S.N., RN Instructional Associate Professor

Kennell, L. (2005, July). Introduction to cultural sensitivity and focus on cultures of Mexico and India. Presented at St. John's Hospital, Carol Jo Vecchie Women and Children's Center, Springfield, IL.

#### Susan P. Kossman, Ph.D., RN Assistant Professor

Kossman, S.P. (2006, June). Perceptions of impact on electronic health records on nurses' work. Presented at the 9th International Congress on Nursing Informatics, Seoul, South Korea.

Brennan, P.F.; Burke, L.; Casper, G.; Sebern, M.; Krause, C.; Kossman, S. P.; Severtson, D.; & Murphy, J. (2006, June). Creating technologyenhanced practice: A university-home care corporate alliance. Presented at the 9th International Congress of Nursing Informatics, Seoul, South Korea.

Kossman, S.P. (2006, March). Student and faculty perceptions of nursing education culture and its impact on minority students. Presented at the 30th Annual MNRS Research Conference, Milwaukee, WI.

Kossman, S.P. (2006, March). Community hospital nurses' views of effect of EHR use on work and patient outcomes. Presented at the 30th Annual MNRS Research Conference, Milwaukee, WI.

Kossman, S.P. (2006, March). Designing study nurses' training to enhance research integrity. Poster session presented at the 30th Annual MNRS Research Conference, Milwaukee, WI.

Kossman, S.P. (2005, July). Community hospital nurses' views of effect of electronic health records use on work and patient outcomes. Poster session presented at the 15th Annual Summer Institute in Nursing Informatics, Breaking the Barriers of Healthcare Informatics, School of Nursing, University of Maryland. This poster received the "Scholarship" honor.

#### Caroline Mallory, Ph.D., RN Associate Professor

Park, L., & Mallory, C. (2006, March). Determining the relationship between condom self-efficacy and condom use among women attending an STD clinic [Abstract]. Accepted to the Midwest Nursing Research Society Conference, Milwaukee, WI.

Baker, J.A., & Mallory, C. (2006, March). Exploring the relationship between intimate partner violence and condom negotiation with subsequent condom use [Abstract]. Accepted to the Midwest Nursing Research Society Conference, Milwaukee, WI.

Stampley, C.D., Harris, G., Mallory, C., & Schiele, J. (2006, February). Using the Afrocentric paradigm to conduct research with midlife African American women at risk of HIV [Abstract]. Presented to the Fourth National Gerontological Social Work Conference, Chicago, IL.

#### Wendie Medina, D.N.P., RN, APN-CNS, CRRN Assistant Professor

Medina, W. (2006, April). Living the dream—advanced practice nursing roles. Poster session presented at the Illinois State University Undergraduate Research Symposium, Normal, IL. Professor Medina served as a faculty mentor for student poster presentation.

Medina, W. (2006, March). Advanced wound care in an independent practice model. Poster session presented at the Mennonite College of Nursing, XiPi Research Day, Illinois State University, Normal, IL.

Medina, W. (2006, March) GERD & older adults with intellectual disablities (ID). Poster session presented at the Mennonite College of Nursing, XiPi Research Day, Illinois State University, Normal, IL.

Medina, W. (2006, March). GERD & older adults with intellectual disablities (ID). Poster session presented at Memorial Medical Center's Department of Nursing Conference: Research— It's Not Just for Ph.D.'s, Springfield, IL.

Medina, W. (2006, March). Advanced wound care—AWC—independent nursing practitioners. Poster session presented at the 11th Annual Wound Care Symposium, Memorial Medical Center, Plastic Surgery Institute, SIU School of Medicine, Springfield, IL.

Medina, W. (2005, October). Wound care: APN role in LTC—an independent practice model in Illinois. Poster session presented at the 31st Annual Association of Rehabilitation Nurses 2005 Conference, Palm Springs, CA.

Medina, W. (2005, October). GERD in aging adults with intellectual diabilities (ID). Poster session presented at the 31st Annual Association of Rehabilitation Nurses 2005 Conference, Palm Springs, CA.

#### Nancy Ridenour, Ph.D., CS, RN, FNC, FAAN Robert Wood Johnson Executive Nurse Fellow; Dean and Professor

Ridenour, N. (2006, April). Shaping your career trajectory: Leadership strategies in nursing practice. Presented at Western Kentucky University, Bowling Green, KY.

Ridenour, N. (2006, April). Shaping your career trajectory: Leadership strategies in nursing education. Presented at Western Kentucky University, Bowling Green, KY.

Ridenour, N. (2006, January). Sucessfully managing difficult people. Presented at the Mosby's Faculty Development Institute, Miami, FL. Ridenour, N. (2006, January). Shaping your career trajectory: Leadership development for faculty. Presented at the Mosby's Faculty Development Institute, Miami, FL.

Ridenour, N. (2005, November). Ethics in leadership. Presented at the Illinois Lincoln "Excellence in Public Service" Series, Bloomington, IL.

#### Bonnie Schmid, RN, APN, MN, MPH Advanced Practice Nurse for Joe Warner Teaching Nursing Home Project

Schmid, B. (2005, November). Creating teaching, learning, and research opportunities in a collaborative teaching nursing home partnership. Presented with Sara Campbell, Mary

#### Cranston, Brenda Recchia Jeffers, and Pat Malik at the Sigma Theta Tau International 38th Biennial Convention, Indianapolis, IN.

#### Deborah Smith, M.S., M.B.A., RN, CNAA, BC, FAEN Instructional Assistant Professor

Smith, D. (2005, September). Horizontal violence—leadership's role in addressing the issue. Presented at the National Emergency Nurses Association Annual Meeting, Nashville, TN.

Smith, D. (2005, September). Six Sigma to impact ED flow. Presented at the National Emergency Nurses Association Annual Meeting, Nashville, TN.

#### Pi-Ming Yeh, Ph.D., RN Assistant Professor

Yeh, P.M. (2005, November). Influences of coping strategies, spiritual well-being, care continuity on family caregiver burden and mental health. Poster session presented with Professor Margaret Bull at Marquette University, Office of Research and Sponsored Programs, Milwaukee, WI.

Yeh, P.M. (2006, May). Influences of coping strategies, spiritual well-being, care continuity on family caregiver burden and mental health. Poster session presented with Professor Margaret Bull at the Southeastern Wisconsin Research Conference in Milwaukee, WI.

# Publications JULY 1, 2005–JUNE 30, 2006

#### Kim Astroth, Ph.D., RN

Assistant Professor

Astroth, K. (2005, August). Featured in AACN members tackle tobacco cessation at summer institute. *American Association of Critical Care Nurses News*, 22(8).

Web site: www.aacn.org/aacn/aacnsite.msf/ htmlmedia/aacn\_news.html

#### Sandra Burke, Ph.D., CNP, BC-ADM BroMenn Endowed Assistant Professor

Burke, S.D. (2006). *Diabetes essentials for nurses: A comprehensive continuing education self-study course*. South Easton, MA: Western Publishing.

#### Sara L. Campbell, D.N.S, RN, CNAA, BC Associate Dean, Associate Professor

Campbell, S.L. (2006, Spring). Departmental academic assessment plans: Q & A's. *Progressive Measure, University Assesment Office,* 1(2), 3–4.

Campbell, S.L. (2005, August). Residential attractiveness: An influential factor in the quality of care in nursing homes. Guest editorial in *Journal of Gerontological Nursing*, *31*(8), 18–25.

Campbell, S.L. (2005, August). Finding beauty in the practice of gerontological nursing. *Journal of Gerontological Nursing*, *31*(8), 5.

Campbell, S.L. (2005, Summer). Conceptual model of attractiveness as a factor influencing quality care and outcomes of residents in nursing home settings. *Advances in Nursing Science*, *28*(2), 107–115.

#### Mary J. Dyck, M.S.N., RN, BC, LNHA Assistant Professor

Kerber, C., Dyck, M. J., Culp, K. R., & Buckwalter, K. (2005, October). Comparing the geriatric depression scale, minimum data set, and primary care provider diagnosis for depression in rural nursing home residents. *American Psychiatric Nurses Association*, 11(5), 269–275.

#### Eileen R. Fowles, Ph.D., RNC Associate Professor

Fowles, E.R., & Kennell, L. (in press). An innovative approach for incorporating geriatric content into an undergraduate parent-child nursing course. *Journal of Gerontological Nursing.* 

### Marcena Gabrielson, M.S.N., RN, C

Instructional Assistant Professor Stampley, C.D., Mallory, C., & Gabrielson, M. (2005, August). HIV/AIDS among middle-aged African American women: An integrated review of literature. *Research in Nursing and Health*, 28(4), 295–305.

#### Lynn Kennell, M.S.N., RN Instructional Associate Professor

Fowles, E.R., & Kennell, L. (in press). An innovative approach for incorporating geriatric content into an undergraduate parent-child nursing course. *Journal of Gerontological Nursing*.

#### Susan P. Kossman, Ph.D., RN Assistant Professor

Kossman, S.P. (December 2005). Community hospital nurses' use of electronic health records and perceptions of their impact on nursing work and patient outcomes (abstract). *CIN: Computer, Informatics, Nursing.* 23(6), 346.

Kossman, S.P. (2006). Perceptions of impact of electronic health records on nurses' work. In H.A. Park, P. Murray, & C. Delaney (Eds.), *Consumer-centered computer supported care for healthy people* (pp. 337–341). Amsterdam: IOS Press.

Brennan, P.F., Burke, L., Casper, G., Sebern, M., Krause, C., Kossman, S.P., Severtson, D., & Murphy, J. (2006). Creating technologyenhanced practice: A university—home-care corporate alliance. In H.A. Park, P. Murray, & C. Delaney (Eds.), *Consumer-centered computer supported care for healthy people* (pp. 664–668). Amsterdam: IOS Press.

#### Pam Lindsey, D.N.S, RN Undergraduate Program Director, Assistant Professor

Lindsey, P. (2006, May). The relationship between organizational factors and psychiatric nurses' decision to restrain. (Doctoral dissertation, Rush University, 2006). *Dissertation Abstracts International-B. 67*(03), 92.

#### Caroline M. Mallory, Ph.D., RN Assistant Professor

Byrns, G., Harris, J., Jin G., & Mallory, C. (2005, July). Challenges presented by the healthy worker survivor effect in the prevention of lower back pain and nurse retention. *Professional Safety*, *50*(7), 41–48.

Stampley, C.D., Mallory, C., & Gabrielson, M. (2005, August). HIV/AIDS among middle-aged African American women: An integrated review of literature. *Research in Nursing and Health*, *28*(4), 295–305.

Mallory, C. (2005). Trusting romantic partners and the risk of HIV infection among women. *Horizonte de Enfermería Escuela de Enfermería, 16,* 39–47.

#### Wendie Medina, D.N.P., RN, APN-CNS, CRRN Assistant Professor

Medina, W. (2005, September). Nonverbal individuals with intellectual/developmental disabilities experiencing GERD: From infants to older adults. *International Journal of Nursing in Intellectual and Developmental Disabilities, 2*(1), 2.

Web site: http://journal.hsmc.org/ijnidd/articlestemplate.asp?id=101

#### Nancy Ridenour, Ph.D., RN, APRN, BC, FAAN Robert Wood Johnson Nurse Executive Fellow Dean and Professor

Ridenour, N. (2006, May/June). Reviewed for the American Association for Advancement of Science Book and Films: *Life running out of control: Designer babies and gene robbery* [Films for the Humanities and Sciences, Inc.].

### Wendy Woith, Ph.D., RN

Assistant Professor

Kim, M., Woith W., Otten, K., & McElmurry, B. (2006, January/March). Global nurse leaders: Lessons from the sages. *Advances in Nursing Science*, *29*(1), 27–42.

#### Pi-Ming Yeh, Ph.D., RN Assistant Professor

Hwu, L.J., Yuan, S.C., Yeh, P.M., & Chang, Y.O. (2005, September). Physical fitness among nurses at a medical center in central Taiwan. *Journal of Chang Gung Nursing, 16*(3), 243–251.

# Multimedia JULY 1, 2005–JUNE 30, 2006

#### Sandi Burke, Ph.D., RN

BroMenn Clinical Assistant Professor Burke, S.D. (2006). Diabetes certificate program, unit vi: patient edu-

Burke, S.D. (2006). Diabetes certificate program, unit vi: patient edu cation, module 1: principles of education—age specific competencies. University of Southern Indiana, Evansville, IN. Burke, S.D. (2006). Diabetes certificate program, unit vi: patient education, module 2: behavior modification. University of Southern Indiana, Evansville, IN.

# Funded grants JULY 1, 2005–JUNE 30, 2006

#### Kim Astroth, Ph.D., RN

Assistant Professor

(2005, September). Smoking cessation & prevention: Seeing clearly through the smoke. Brenda Jeffers, principal investigator; Aimee Terhark (FNP student) and Kim Astroth, co-principal investigators. Funded by the American Medical Student Association, \$200.

#### Sandra Burke, Ph.D., CNP, BC-ADM BroMenn Endowed Assistant Professor

(2006, May) New investigator award. A pilot study to investigate the effect of an evidencebased practice mentorship on the practice and collaboration patterns of new gradaute nurses. Funded by Mennonite College of Nursing at Illinois State University, \$1,000.

#### Sara L. Campbell, D.N.S., RN, CNAA, BC Associate Dean, Associate Professor

(2005, July). Continued support of the Joe Warner Teaching Nursing Home Project. Sara Campbell, principal investigator; Brenda Jeffers, co-principal investigator. Funded by the Department of Education, \$61,504.

(2005, October). Expanding the teachingnursing home culture in the state of Illinois. Sara Campbell, principal investigator. A five-year grant funded by Illinois Department of Public Health, \$1,489,146.

#### Mary J. Dyck, Ph.D., RN, BC, LNHA Assistant Professor

(2005, July). Nursing leadership interventions and weight loss in nursing homes. A twoyear grant funded by John A. Hartford Building Academic Geriatric Nursing Capacity Fellow, \$120,000.

#### Eileen Fowles, Ph.D., RN Associate Professor

(2005, September). A bioterrorism response infusion model. Frank Waterstraat of Illinois State University Health Sciences, principal investigator; Eileen Fowles, co-director; and Catherine Kaesberg, content consultant. This three-year interdisciplinary grant includes many departments across campus, intersects with community colleges, and provides integration of bioterrorism instructional resources into current health-care courses across disciplines. Funded by the Health Resources and Services Administration (HRSA), \$286,418.

#### Brenda Recchia Jeffers, Ph.D., RN Director of the Graduate Program, Research and Scholarly Activities; Associate Professor

(2005, October). Smoking cessation & prevention: Seeing clearly through the smoke. Brenda Recchia Jeffers, principal investigator; Aimee Terhark (FNP student) and Kim Astroth, co-principal investigators. Funded by the American Medical Student Association, \$200.

(2005, July). Advanced education nursing traineeship program. Funded by Department of Health and Human Services, \$19,546.

(2005, July). Collaborative doctoral program with The University of Iowa: Caring for older adults. Brenda Recchia Jeffers, project director; Denise Wilson, lead writer. A three-year grant funded by the Health Resources and Services Administration, (HRSA), \$1,127,475.

(2005, July). Continued support of the Joe Warner Teaching Nursing Home Project. Sara Campbell, principal investigator; and Brenda Jeffers, co-principal investigator. Funded by the Department of Education, \$61,504.

#### Cathi Kaesberg, M.S.N., RN, CNS Instructional Assistant Professor

(2005, September). A bioterrorism response infusion model. Frank Waterstraat of Illinois State University Health Sciences, principal investigator; Eileen Fowles, co-director; and Catherine Kaesberg, content consultant. This three-year interdisciplinary grant includes many departments across campus, intersects with community colleges, and provides integration of bioterrorism instructional resources into current health-care courses across disciplines. Funded by the Health Resources and Services Administration (HRSA), \$286,418.

#### Susan P. Kossman, Ph.D., RN Assistant Professor

(2006, January). Internet self-management support after joint replacement. Funded by National Library of Medicine, \$136,289.

(2005, November). Mentoring grant. Funded by The University of Iowa Gerontological Nursing Interventions Research Center, \$1,000.

(2005, July). A Web-based self management intervention for elders after total joint replacement. Funded by the University of Wisconsin-Madison School of Nursing, Bollinger Postdoctoral Research Fellowship, \$31,000.

#### Pam Lindsey, D.N.S, RN

#### Undergraduate Program Director, Assistant Professor

(2005, December). Dr. Kathleen A. Hogan Faculty Development Award. Funded by Mennonite College of Nursing at Illinois State University, \$625.

(2005, November). Teaching Development Travel Grant Application Award. Funded by Mennonite College of Nursing at Illinois State University, \$300.

#### Denise Wilson, Ph.D., APN, CNP Associate Professor

(2005, July). Collaborative doctoral program with The University of Iowa: Caring for older adults. Brenda Recchia Jeffers, project director; Denise Wilson, lead writer. A three-year grant funded by the Health Resources and Services Administration, (HRSA), \$1,127,475.

#### Pi-Ming Yeh, Ph.D., RN Assistant Professor

(2005, October). Frenn Service Award: Influences of coping strategies, spiritual wellbeing, care continuity on family caregiver burden and mental health. Pi-Ming Yeh, principal investigator; Professor Margaret Bull, co-principal investigator. Funded by the College of Nursing, Marquette University, \$1,220.

# Awards and honors JULY 1, 2005–JUNE 30, 2006

#### Sandi Burke, Ph.D., RN

- BroMenn Clinical Assistant Professor • Received the New Investigator Grant Award
- Elected to serve a three-year term on the board of directors of the American Association of Diabetes Educators

#### Mary J. Dyck, Ph.D., RN, BC, LNHA

#### Assistant Professor

 Received a two-year John A. Hartford Postdoctoral Fellowship. She will be working with Dr. M. Rantz and Dr. M. Maas on an RO1 related to nursing home quality and leadership interventions. Her work will specifically address leadership strategies related to prevent weight loss.

### Brenda Recchia Jeffers, Ph.D., RN

- Director of the Graduate Program, Research and Scholarly Activities; Associate Professor • Manuscript reviewer for *Nursing Research*, 2006
- The American Association of Colleges of Nurses appointed Jeffers to the core Curriculum Development Committee for the John A. Hartford Sponsored Grant, Preparing Nursing Students to Care for the Older Adult: Enhancing Gerontology in Senior-Level

#### Undergraduate Courses, 2005. Cathi Kaesberg, M.S.N., RN, CNS

### Instructional Assistant Professor

• Received the Kathleen A. Hogan Teaching Excellence Award

#### Lynn Kennell, M.S.N., RN

 Instructional Assistant Professor
Honored by BroMenn with a service award due to her work with translating/advocating for clients. She is the first non-employee to receive this award.

### Susan Kossman, Ph.D., RN

Assistant Professor • One of three national recipients of a National Library of Medicine Individual Biomedical Informatics Postdoctoral Fellowship. She will design, build, and test a consumer health informatics intervention aimed at increasing

#### self-management of chronic disease. Pam Lindsey, D.N.S, RN Undergraduate Program Director,

#### Undergraduate Program Direct Assistant Professor

 Awarded AACN Leadership for Academic Nursing Program in Washington, D.C., October 2005

#### Caroline Mallory, Ph.D., RN

Associate Professor

- Received the Mennonite College of Nursing Outstanding Researcher Award, 2005.
- Received the Harriet H. Werley New Investigator Award, Midwest Nursing Research Society, 2005.
- Received the University Research Initiative Award, Illinois State University, October 2005.

#### Marilyn Mehl Secretary

• Received the Lighthouse Award

#### Nancy Ridenour, Ph.D., RN, APRN, BC, FAAN Robert Wood Johnson Nurse Executive Fellow Dean and Professor

- Beginning in January 2006, will serve a twoyear term as chair of the foundation board of Sigma Theta Tau, International Foundation for Nursing.
- Participant in Study Tour, sponsored by PEW Center for Health Professions: Public Health, Cuba, June 2006.

#### Deborah Smith, M.S., M.B.A., RN, CNAA, BC, FAEN Instructional Assistant Professor

• Elected as Fellow to the Academy of Emergency Nursing, September 2005.

#### Denise Wilson, Ph.D., APN, CNP

- Associate Professor • Received the Graduate Program Teaching
- Excellence Award.

### Pi-Ming Yeh, PhD, RN

- Assistant Professor • Frenn Service Award for Nursing Research in
- College of Nursing, Marquette University.

# Sandra Burke installed as the BroMenn Endowed Professor

On October 4, 2005, Sandra Burke, Ph.D., was installed as the BroMenn Endowed Professor. She is the first Endowed Professor at Illinois State University. The ceremony took place at the Bone Student Center.

BroMenn Healthcare in Normal provided financial support for this academic position at Mennonite College of Nursing. The BroMenn Endowed Professorship in Nursing will link research and teaching and foster collaboration between BroMenn Healthcare and Mennonite College of Nursing.

# BroMenn Endowed Professorship in Nursing

The BroMenn Endowed Professorship in Nursing enables Mennonite College of Nursing at Illinois State University and BroMenn Healthcare, Normal, to

- Provide financial support for an academic position for the general benefit and study of nursing
- Enrich the learning environment for undergraduate and graduate nursing students
- Enhance the academic rigor by linking research and teaching
- Foster clinical research and evidence-based practice
- Foster collaboration between BroMenn and Mennonite College of Nursing at Illinois State University
- Enrich staff nurses' involvement in research and evidence-based practice



### Sandra Burke, Ph.D., RN, CNP

Sandra Burke received her B.S.N. at Indiana State University and an M.S.N. (with a focus in adult health nursing) at Indiana University. In 2004, she earned a Ph.D. in nursing science from the University of Illinois at Chicago. Her dissertation research on diabetes selfmanagement in young adults was funded by the American Association of Diabetes Educators.

Professor Burke has been a nurse practitioner since 1985 and has been board certified in adult health and advanced diabetes management. She was actively engaged in teaching and in clinical practice while at the University of Illinois from 1995 until her

appointment at Illinois State. Prior to her work at the University of Illinois, Professor Burke was the diabetes and lipid program coordinator for the Carle Clinic in Urbana.

Since becoming the BroMenn Endowed Professor, Professor Burke has spearheaded several clinical outcome studies with BroMenn nurses and provided expert evidence-based practice information to faculty and students at Mennonite College of Nursing.

# Mennonite College of Nursing Advisory Board

JULY 1, 2005–JUNE 30, 2006

BroMenn Healthcare Pat Thornton Vice President, Clinical Services/Chief Nurse Executive

Heritage Manor in Normal Rose Stadel Director of Operations, Central Division

Memorial Medical Center Marsha Prater, Ph.D., RN Vice President, Patient Care Services

**OSF Healthcare** OSF St. Joseph Medical Center Deb Smith Assistant Adminstrator, Patient Services

**St. John's Hospital** Candace Jennings Chief Nursing Officer

### Mennonite College of Nursing Friends Steering Committee JULY 1, 2005–JUNE 30, 2006

Janella Cooley Barbara Efaw Marilyn Freedlund Betty Frisch Nancy Froelich Margaret Johnson Stevie Joslin Betty Knuckles Harriet O'Daffer Margaret Randolph Carole Ringer Georgette Shupe

# Sarah Kagan, Ph.D., RN—Pfizer Visiting Professorships in Clear Health Communication

Brenda Recchia Jeffers, director of the graduate program, research and scholarly activities, associate professor of Mennonite College of Nursing (MCN); and Rita Bailey, assistant professor of Speech Pathology and Audiology (SPA), received a Pfizer Medical and Academic Partnerships Grant to spon-



sor Sarah Kagan, Ph.D., RN, as a Pfizer Visiting Professor in Clear Health Communication. The funds from this grant were used to host Professor Kagan for a three-day exchange at Illinois State University with students, faculty, research fellows, and community members.

Professor Kagan holds a primary academic appointment as associate professor of gerontological nursing at the University of Pennsylvania in the School of Nursing. Her primary clinical appointment is as gerontology clinical nurse specialist at the Hospital of the University of Pennsylvania, where she offers advanced nursing consultation to patients, their families, nurses, and physicians on the complex needs of older adults related to their hospitalization for acute

or chronic illness. In 2003, Professor Kagan was named a MacArthur Fellow, and is one of only two nurses to receive this esteemed prize for creative and innovative work which is popularly called the "Genius Award." Her passion of working with elderly cancer patients is now recognized worldwide.

Title of grant

Pfizer Visiting Professorships in Clear Health Communication

Principal investigator Brenda Jeffers, associate professor, Mennonite College of Nursing

Co-principal investigator Rita Bailey, assistant professor, Department of Speech Pathology and Audiology

Amount funded \$7,500

Funding agency Pfizer MCN and SPA hosted Professor Kagan at Illinois State University during the week of March 6, 2006. She interacted with faculty, staff, and students at various workshops, classes, and clinical site visits, and also offered two community presentations which were open to the public.

Professor Kagan's community presentation, "Ageism, Evidence, and Decision Making: Constructing Cancer Care for Older Adults," was held at the Community Cancer Center in Normal which co-sponsored this event. She concluded her visit with presenting "Communication, Partnership, and Collaboration for Our Ageing Society" at Illinois State's Bone Student Center. Prior to this presentation, guests were able to view displays highlighting faculty research from Mennonite College of Nursing and the Department of Speech Pathology and Audiology. This event, supported by Pfizer, was co-sponsored by Mennonite College of Nursing; Speech Pathology and Audiology; Sigma Theta Tau, Xi Pi Chapter; and the Student Nurses Association.

"I am honored to benefit from and participate in the vision that Dean Nancy Ridenour, her faculty at Mennonite College of Nursing, and colleagues in the Department of Speech Pathology and Audiology have shown in seeking the valuable and prestigious support of a Pfizer Visiting

Professorship," said Professor Kagan. "Bringing these disciplines together in dialogue with the community to improve care of older adults mirrors the investment society should make in addressing health and social care for our ageing population."



An HIV prevention study for at-risk women in McLean and Champaign counties is in its third year at Mennonite College of Nursing at Illinois State University. Associate Professor Caroline Mallory received the three-year grant for



Melissa Neely and LaToya Watson Taylor



\$420,000 from the National Institute of Mental Health (NIMH) for the study that will test a strategy for preventing HIV infection among heterosexual women in Central Illinois.

The project targets women recently released from detention centers, drug-treatment facilities, and public-health clinics in McLean and Champaign counties, a group deemed to be at increased risk for HIV infection. Education efforts will focus on raising awareness of the increased HIV risk for women, changing sexual behavior, and promoting protective practices.

So far, 44 women have been enrolled in the study. On average

women are 35 years old, have a high school education, and a median income of \$400 per month. Most women are African American (58 percent) and White (35 percent). All are HIV-negative by self-report. Early data analysis suggests that the intervention is having the desired effect and women are more likely to engage in protective sexual practices.

"HIV infection rates among heterosexual women are increasing and this intervention effort is aimed at raising women's awareness of that risk and promoting positive changes in behavior to prevent the spread of disease through sexual transmission and intravenous drug use," said Mallory. "Through this program we hope to give women the confidence they need to practice HIV prevention measures and communicate with their partners about the importance of protection."

# African American Women Choosing Wisely

### By Caroline Mallory

African American women have experienced disenfranchisement, marginalization, and poverty. Their HIV health needs have gone unrecognized, and they are underrepresented in health-care planning and research studies. As a result, African American women are diagnosed later in the disease and die more quickly. Research with middle-aged women of color is virtually nonexistent.

This study, funded by the National Institute of Aging for \$120,000, is in its second year. Researchers Caroline Mallory and Gardenia Harris are exploring middle-aged African American women's HIV prevention practices and risk-taking behavior related to sexual activity and drug use. The longterm goal of this research is development of a program to prevent HIV infection among middle-aged African American women.

#### Title of grant Women First!

Principal investigator Caroline Mallory, associate professor, Mennonite College of Nursing

Amount funded \$420,000

Funding agency National Institute of Mental Health (NIMH)

#### Title of grant

African American Women Choosing Wisely

Principal investigator Caroline Mallory, associate professor, Mennonite College of Nursing

Amount funded \$120,000

Funding agency National Institute of Aging

# **Teaching Nursing Home Project**

In July 2005, Sara Campbell, prinicipal investigator, and Brenda Recchia Jeffers, co-principal investigator, received grant funds to continue their work on the Joe Warner Teaching Nursing Home Project. Campbell also received funding from the Illinois Department of Public Health (IDPH) in October 2005.

The funds from the Department of Education will continue the Joe Warner Teaching Nursing Home Project, in



which MCN partnered with Heritage nursing homes in Central Illinois. The purpose of this project is to provide student nurses with advanced education on care for older adults, as well as help recruit nursing graduates into nursing home careers.

The five-year IDPH grant was also a collaboration with Heritage nursing homes. The purpose of this project is to

- Improve professional cultural attractiveness of nursing homes by developing and facilitating use of standardized best practices in care of older adults
- Improve professional cultural career attractiveness of working with older adults through mentoring and learning experiences that provide a holistic approach to complex care of nursing home residents
- Facilitate collaborate partnerships between nursing schools and nursing homes in the state of

#### Title of grant

Continued Support of the Joe Warner Teaching Nursing Home Project

**Principal investigator** 

Sara Campbell, associate dean and associate professor, Mennonite College of Nursing

**Co-principal investigator** Brenda Jeffers, associate professor, Mennonite College of Nursing

Amount funded \$61,504

Funding agency The Department of Education

#### Title of grant

Expanding the Teaching-Nursing Home Culture in the State of Illinois

### Principal investigator

Sara Campbell, associate dean and associate professor, Mennonite College of Nursing

Amount funded \$1,489,146

Funding agency Illinois Department of Public Health (IDPH)

- Illinois by developing a model blueprint and showcasing the Heritage and MCN collaborative demonstration grant and mentoring nursing schools and nursing homes in establishing and maintaining such partnerships
- Produce registered nurses with a Master of Science in Nursing degree with a gerontology specialty

The following are highlights of accomplishments for 2005–2006:

- Hiring of a grant team staff: Charlene Aaron, project coordinator; Annrika Campbell, secretary; Beth Objartel, project RN; and Isaac Akins, multimedia Web developer.
- The Second Annual Long Term Career Fair took place on January 24, 2006, at the Bone Student Center. This event was an opportunity for long-term care organizations to share information about their programs and services, as well as to recruit future nursing employees. Fifteen exhibitors and 122 students attended. Presenters included Judy Bass, State Farm Insurance in Bloomington; Anna Ortigara, VP of the Campaign of Culture Change at Life Services Network in Hinsdale; and Associate Professor Janet Pringle Specht, The University of Iowa College of Nursing.
- The Expanding Teaching Nursing Home National Speaker Event took place on April 11, 2006. Dr. William H. Thomas, author of *What Are Old People For? How Elders Will Save the World*, spoke about this book and the Eden Alternative for nursing homes. A reception followed at the Bone Student Center. Dr. Thomas is an international authority on geriatric medicine and eldercare, and is president of the Center for Growing and Becoming Inc., a not-for-profit organization which is dedicated to promoting and developing constructive holistic approaches to aging and the care of older people.
- The Expanding Teaching Nursing Home supported a Summer Independent Study Toward Elder Research (SISTER) Project for faculty and students at the Hartford Institute for Geriatric Nursing in New York

in May 2006. The SISTER Project allows students and faculty to learn at a nationally known geriatric center about the most current information on geriatric nursing, policy, and research.

- The Expanding Teaching Nursing Home has sponsored several field trips to give students the opportunity to interact with various geriatric settings.
- The Expanding Teaching Nursing Home has sponsored faculty and students to attend geriatric nursing conferences.







# Susan Kossman, Ph.D., RN—Nursing and consumer informatics

### Submitted by the MCN Office of Research and Scholarly Activities

### **Research interests**

Professor Kossman's research focus is nursing and consumer informatics. She is interested in using information technology to increase self-management of chronic illness, improve continuity of care across care settings, address health disparity issues, and increase nursing student learning.

Nursing informatics (NI) integrates computer, cognitive, information, and nursing sciences to manage data, information, and knowledge. It focuses on how nurses structure knowledge and organize data to support nursing management, practice, and research. Recognized as a nursing sub-specialty in 1992, NI uses information technology and processes to support patient and nurse decision-making across the care continuum through integration of data, information, and knowledge (ANA, 2001).

Consumer informatics (CI) encompasses a variety of applications of computer technology employed to meet laypersons' needs for information, self-care, and health-service participation, including tailored health information, peer-support groups, communication resources, risk assessment and monitoring tools, and patient portals. (Kaplan & Brennan, 2001) CI initia-

tives reflect a patient, rather than provider, centered perspective. They may be designed for consumer use alone or in collaboration with health-care providers and can enhance seamless care across health-care settings.

### **Current research projects**

Professor Kossman is involved in several ongoing research projects. She is developing "Blue Sky," a Web-based intervention to improve self-management and continuity of care for teenagers with depression. The intervention will provide tailored information, skills building, decision support, communication, and self-monitoring tools. Teens will use the intervention to access



information tailored to their learning preferences; learn and practice self-management skills such as monitoring mood, managing medications, reducing stress, making healthy choices, and cognitive and behavioral therapy techniques; communicate with their nurses and other teens with depression; support decisions; and record information on mood, medication use, stress level, and complications. Nurses in office, school, and inpatient settings will use the intervention to access information, support decisions, communicate with teens and other nurses, monitor progress, and collaborate with teens to modify their treatment plan.

Professor Kossman recently completed a study of community hospital nurses' perceptions of how using electronic health records affects their work, role performance, and patient outcomes. She presented findings of this project at MNRS in Milwaukee and the 9th International Congress on Nursing Informatics in Seoul, South Korea.

She is a research nurse on Dr. Patricia Flatley Brennan's HeartCare: Custom Computer Support for Home Care project. This study is designed to test effectiveness of a new nursing practice model—technology-enhanced practice—on patient outcomes. The four-year project is funded through the National Library of Medicine (LM 6249) at \$1.7 million.

Additionally, Professor Kossman is participating in Dr. Brennan's Project Health Design: Rethinking the Power and Potential of Personal Health Records. This multiyear project, funded by the Robert Wood Johnson Foundation for \$3.5 million, will focus on developing innovative, cutting-edge personal health record applications designed to empower consumers to better manage their health and health care.

# SimBaby fund-raiser

The Friends of Mennonite College of Nursing at Illinois State University focused their fund-raising efforts on adding SimBaby, a newly developed simulation of a three- to six-month old infant, to MCN's family.

Representatives from Laerdal Medical Corporation held a demonstration for faculty and students at the college in June. They were able to see realistic scenarios of SimBaby and experience all of the amazing features hands-on. Students hear and experience normal and irregular heartbeats, blood pressures, and breath sounds. They practiced resuscitating an cyanotic infant in crisis, and responded to its whimpers and screams. The Friends believe that the area's largest producer of nurses should have the tools to prepare every student to provide the best care for our community's youngest patients.

With only \$13,000 remaining of a \$33,000 goal, the Friends of Mennonite College of Nursing at Illinois State University hope to bring SimBaby home in 2007.

# Vísít us at www.IllinoisState.edu/nursing



## Illinois State university



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