

Mennonite College of Nursing events calendar

September 2004

Thursday, September 9

Mennonite College of Nursing's 85/5 Anniversary

Mark your calendars now to attend with alumni, faculty, staff, students, and friends! Details about this event will be mailed in July.

Joe Warner Teaching Nursing Home Project Kickoff Celebration

Plans are underway for a BBQ reception to celebrate funding for this project. Details to follow!

October 2004

Saturday, October 9

Family Weekend Open House

10 a.m.-12 p.m., Edwards Hall

Saturday, October 23

Homecoming

Registration forms will be mailed in September.

November 2004

Tuesday, November 30

Marion McDowell Stafford Lectureship Series

Topic: Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder (ADD/ADHD) 9 a.m. - Noon, Educational Workshop 7 p.m.—Community Presentation Details will be mailed in September.

December 2004

Thursday, December 9 MCN Holiday Open House

3-6 p.m., Ewing Manor, Bloomington MCN will host a Holiday Open House for faculty, staff, alumni, and guests. Invitations will be sent in November.

An equal opportunity/affirmative action university encouraging diversity

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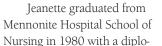
The Flame

MENNONITE COLLEGE OF NURSING AT ILLINOIS STATE UNIVERSITY

SUMMER 2004

The Jeanette Gorecki Scholarship Fund

Jeanette Gorecki's family endowed The Jeanette Gorecki Scholarship Fund in 2003 as a living memorial to Jeanette, who died in 2001. Jeanette was a nurse at BroMenn Regional Medical Center in Normal, who also taught clinical sessions at Mennonite College of Nursing.



ma, and received a B.S.N. degree in 1989. She received a master's degree in 1995 from the University of Illinois-



Jeanette Gorecki

Chicago as a Women's Health Nurse Practitioner. She had many health professional roles, which included labor and delivery nurse, clinical instructor, and nurse practitioner. Jeanette was a gentle and caring spirit, who demonstrated a deep commitment to the total care of the patients she treated. She also was very involved with mentoring students, who were pursing a nursing career. She was known to encourage students to pursue their dreams about caring for people.

The Gorecki family established this fund to assist future nurses, who demonstrate the same personal and professional qualities that Jeanette possessed and displayed.



Katie Bruch, a senior from Magnolia, Illinois, is the first student recipient of The Jeanette Gorecki Scholarship.

Bruch had the opportunity to meet Jeanette's husband, Monte Fisher, at a scholarship luncheon in April. Also attending were Monte's sister and brother-inlaw, Farole and Gary Haluska, who established the scholarship.

"I felt very special that I was chosen for the scholarship, especially since I am the first recipient," Bruch said "I felt even more honored that I received the scholarship after I found out more about Jeanette. I was glad I got to meet Mr. Fisher and Mr. and Mrs. Haluska. I had a great time getting to know them and hearing about Jeanette during the scholarship luncheon. What I will remember most is how caring and helpful they all are."

Bruch was a community health major at the University of Illinois and had an internship her senior year at the Public Health Department. She liked the experience at the Public Health Department so much that she decided to pursue a nursing degree after graduating from the University of Illinois.

"I chose Mennonite partly because it was in a convenient location for me to attend, but more importantly, I chose it because of its great reputation," Bruch said.



Gary Haluska, Katie Bruch, Farole Haluska, Monte Fisher

Before Katie started taking nursing classes, Bruch was interested in obstetrics (OB). After she took a few courses, she knew she wanted a career in OB. Bruch graduated in May and accepted a position at Methodist Medical Center of Illinois in Peoria in the nursery and postpartum unit.



Mennonite College of Nursing awarded these scholarships for the 2003-04 academic school

Jeanette Gorecki Scholarship Katherine Bruch

MCN Alumni Scholarship

Erica Bond **Heather Conran** Lindsey Fisher Monika Hall Jennifer Mathre Melissa McDonough

Edwin Mellon Scholarship Codee Ehling

Physicians' Scholarship Fund Lacey Bernardini Amanda Crader Janis Jones Ann Perry

Roy Schilling Scholarship Neal Fyans

Jesse and Louise Schmied Scholarship Tia Davis

LaRue Sloan Scholarship Ginger Denney

For more information about MCN private scholarships, please visit this web site: http://www.mcn.ilstu.edu/ fin aid/

2004 Scholarship Luncheon

Mennonite College of Nursing convened a scholarship luncheon on April 8, 2004, for donors and their student recipients. Ten scholarship donors and 14 student recipients attended the luncheon.



Dr. Richard Trefzger (left) and Dr. Jerry Ringer with student recipients of the Physicians' Scholarship Fund.



Roy Schilling (left) and Dale Mellon, scholarship donors



Tia Davis, recipient of Jesse and Louis Schmied Scholarship (left) and Tudy Schmied.



Ginger Denney, recipient of the LaRue Sloan Scholarship, and Dan Deneen



Alumni Board President, Alice Deavers, and student recipients of the MCN Alumni Scholarship

Dean's message

Several exciting events occurred this year. The Joe Warner Teaching Nursing Home was dedicated to the memory of a friend and advocate of the college, Joe



Warner. Rep. Jerry
Weller (R-Ill.) has supported us in securing significant federal funding to sustain this project. The focus this year is on increasing the number of RNs working in long-term care. By providing interesting and rewarding experiences for Mennonite students, the project will increase the number of graduates

interested in careers in long-term care. Our multifaceted approach includes: mentorship, specialty coursework in gerontology, best practices in gerontologic nursing, visiting professors with national expertise in gerontology, and annual awards for outstanding gerontologic practice.

Mennonite College of Nursing has reached another important milestone. In July 2004 we will begin our fifth year at Illinois State University. It is also the 85th year since Mennonite School of Nursing was founded. We are planning 85/5 activities to celebrate these important milestones. In addition to special celebrations marking

our anniversary, Homecoming 2004 promises to be the best Homecoming ever. Please save these dates on your calendar: October 22-23. We hope to see you at Homecoming!

The coming fiscal year will be tight for the University's budget. Mennonite College of Nursing will see a decrease in state funding. Because of the generous support of alumni and friends, we have been able to increase the admission of new prelicensure students from 100-110. However, even with this increase we are unable to accept many highly qualified applicants. The incoming junior class exceeds milestones set by the University in terms of grade point average and test scores. We are very pleased with the high caliber of our student body and look forward to their contributions to the health care workforce. We want to thank the many wonderful supporters of the college. Without your generosity, Mennonite College of Nursing would be forced to decrease its enrollment.

Gratefully yours,

Menoy Ridenous

Nancy Ridenour nriden@ilstu.edu (309) 438-2174

Alumni Administrative Board 2003-04

President:
Alice (Kumler) Deavers '52

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Director and Nurses Week Chair
Courtney Nichols '02

Directors: Sarah (Kaiser) Lindsey '00 Larae Wagener '02 Amber (McCullough) Williams '99

Visit Mennonite Nurses Alumni Organization website at: http://www.illinoisstatealumni.org



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Hartford grant update

Mennonite College of Nursing continues to work on its grant project "Creating Innovative Strategies in Nursing Education to Improve Care of the Older Adult." In August of 2003 there was a Hartford Open House,



Hartford Open House, August 2003

where faculty, students, and guests looked at displays and saw computer modules that have been developed for classes. In April of 2004 Dr. Kitty Buckwalter from the University of Iowa was a Hartford speaker.



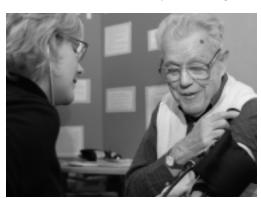
From left, Dr. Sara Campbell, Dr. Kitty Buckwalter, and Dr. Brenda Jeffers

Federal Funding Aids Joe Warner Teaching Nursing Home Project

Rep. Jerry Weller (R-Ill.) held a news conference at Mennonite College of Nursing (MCN) in December 2003 to announce that the college would receive \$298,230 in federal funding for the Joe Warner Teaching Nursing Home Project. These funds will be used to educate and prepare nursing students to provide quality care for senior citizens in long-term care facilities.

Joe Warner, the former president and chief executive officer of Heritage Enterprises, shared his vision of a teaching nursing home with Dean Nancy Ridenour. This vision mirrors the teaching hospital concept, but instead of being trained in a hospital setting, nursing students are trained to care for long-term residents in nursing homes. Warner died in 2002, however, his vision of a teaching nursing home is still one of the goals Dean Ridenour wants to achieve on a national level.

"Through the vision of Mr. Warner and our continuing partnership with Heritage Enterprises," Ridenour said at the December news conference, "the Mennonite College of Nursing will respond to the challenge of developing innovative approaches to help senior citizens live successfully in a nursing home environment."



"The Mennonite

will respond to

the challenge of

developing innovative

approaches to help

senior citizens live

successfully in a

nursing home

environment."

College of Nursing

Above, Mennonite students held a health fair for the residents of Heritage's Adelaide Apartments in December.

"As the population of senior citizens grows," Ridenour added, "there will be added demands for superior senior care and added demands to provide better nursing education. The Mennonite College of Nursing is committed to meeting these demands."

Among the goals for the Joe Warner Teaching Nursing Home Project are:

- To create the structure needed to enhance collaboration among the institutions and carry out programs that support curriculum development, mentoring, and recruitment to bring registered nurses into long-term care.
- To develop the Teaching Nursing Home "Sisters Model" to enhance collaboration among Heritage Nursing Homes and Mennonite College of Nursing to improve the education, mentoring, and recruitment of registered nurses and registered nurse students in long-term care.
- To design curricular activities, clinical work, and mentoring experiences to recruit registered nurse graduates into long-term care.

• To develop programs to increase the attractiveness of long-term care as a career choice for registered nurse students, registered nurse graduates, and registered nurses residing in the community.



Left to right; Dean Nancy Ridenour, Amber Kleinhans, Kenny Van Dyke, Congressman Jerry Weller, Elizabeth O'Conner, Neesha Nicklaus, President Al Bowman

Mennonite College of Nursing anticipates several outcomes from this project:

- An increase in the number of interactions between MCN and Heritage Nursing Homes, illustrating a model of excellence in long-term care for registered nurse students.
- An increase in the number of registered nurse students who participate in long-term care curriculum and mentoring activities.
- An increase in the number of registered nurse graduates seeking employment in long-term care.

There are several activities that MCN wants to accomplish during the project's first year, including: developing a web page to disseminate information about the project's structure and activities, developing clinical activities to improve nursing care received by residents in the Sister Teaching Nursing Homes (STNH) in collaboration with Advanced Practice Nurse, upgrading STNH technology to allow use of interactive learning with MCN with registered nurse students and nursing home staff, creating course activities to expose students to long-term care career opportunities, creating externships for students at nationally known geriatric centers in the United States, and coordinating a long-term care career fair and seminar for registered nurse students.

Mennonite College of Nursing will have a "kickoff event" this fall to celebrate the Joe Warner Teaching Nursing Home Project.

Marion McDowell Stafford Lectureship Series in Child and Family Health

Shannon Perry, R.N., Ph.D., F.A.A.N., was the featured speaker for the first annual Marion McDowell Stafford Lectureship Series in Child and Family Health last fall.

Two presentations were given on October 30, 2003: an educational workshop where participants could receive three contact hours from the Illinois Nurses Association, which is accredited by

the American Nurses Credentialing Center's Commission on Accreditation, and another event open to the community.

Perry's presentation provided information about how to care for infants and toddlers who are at high risk and how to maximize their potential through preventative health care and appropriate support systems. Panelists in a discussion group talked about their experiences working with high-risk infants. Panelists included:

Rita Pell, B.S.N, M.A., who is an Illinois certified school nurse for District 87 public schools in Bloomington; Erin Rogers, M.Ed., who is the director of programs at Easter Seals; Vicki Smith, R.N., B.S.N., who works at St. John's Hospital in Springfield as the clinical nurse educator in the Neonatal Intensive Care Unit, and Connor Walters, Ph.D., C.F.L.E., chair of the Department of Family and Consumer Sciences at Illinois State University, a certified family life educator, and a certified early childhood educator.

The other presentation provided information about the Reggio Emilia approach to preschool education in Italy. Perry traveled to Italy in 2003, where she supervised a student in an international field study comparing the education systems in Italy and the United States. The Italian approach to education focuses on empowering students to more actively participate in the learning process on their time instead of through a rigid lesson plan.

Perry is a graduate of St. Joseph Hospital School of Nursing in Bloomington. She earned a B.S.N. from Marquette University; a M.S.N at the Denver campus of the University of Colorado; and a Ph.D. in educational psychology with a specialization in child development from Arizona State University. She has more than 25 years of teaching experience in maternal-child nursing and child development.

The event was partially funded by grants from the Alice and Fannie Fell Trust, Community Foundation of McLean County-Ringer Donor Advised Fund and Ann E. Nolte Donor Advised Fund, and the Marion McDowell Stafford Charitable Trust Grant Program.

Mennonite College of Nursing annually will offer this lectureship series about child and family health. Plans already have been made for a November 30, 2004, lectureship series on Attention Deficit Disorder (ADD)/Attention Deficit Hyperactivity Disorder (ADHD). There will be an educational workshop in the morning, where RN's can receive contact hours, and an evening



hannon Perry



Marion McDowell Stafford Lecturers, from left, Shannon Perry, Connor Walters, Erin Roaers. Vicki Smith. Rita Pell

presentation, which will be open to the community. Registration materials will be available in October. For more information, or to be put on the mailing list for the Marion McDowell Stafford Lectureship Series in Child and Family Health, please contact Amy Irving at (309) 438-7418, or amirvin@ilstu.edu.



Save the Date! Homecoming: October 22-23, 2004

Plan to join us for these events:

Saturday, October 23

10:30-11:30 a.m.

Homecoming Parade

Illinois State University Campus

11-12 noon

Alumni Social Hour

Holiday Inn

8 Traders Circle, Normal

12-2:30 p.m.

Homecoming Luncheon and Awards Ceremony

Holiday Inn

8 Traders Circle, Normal

3 p.m.

Dean's Presentation

Reunion Photos and Tours Edwards Hall

If you need hotel accommodations for Friday and/or Saturday, a block of rooms has been reserved at a special rate of \$77.50 per night. Please call (309) 452-8300 and ask for the "Mennonite College of Nursing Rate".

This special rate will expire on October 5, 2004.

The Homecoming registration brochure will be mailed in September.

Nominations invited

The Mennonite Nurses' Alumni Administrative Board is seeking nominations for the Distinguished Alumni Award, Young Alumni Award, and MNAO service award.

The Distinguished Alumni Award is presented to a graduate who has demonstrated a dedication to the nursing profession, demonstrated leadership, shown outstanding professionalism, promoted and elevated the general nursing image, and been held in high regard by peers and the community.

The Young Alumni Award is presented to someone who has graduated within the past 15 years and who has demonstrated continued interest in and support for the college, demonstrated professional achievement, participated in distinguished community service, and personified the values of the college.

The Alumni Service Award recognizes exceptional service to the Mennonite College of Nursing at Illinois State University; to the Mennonite Nurses Alumni Organization; or to humanity, inasmuch as such service reflects the values of the College. The recipient may or may not be a graduate of Mennonite College of Nursing

Nominations for these awards may be made by anyone and sent to the Alumni Administrative Board. The board will review the résumés of nominees and select no more than one recipient for each award each year. The awards will be presented during Homecoming in October.

Nomination forn

☐ Distinguished Alumni Award ☐ Young Alumni Award ☐ MNAO Service Award

NOMINEE'S NAME		YEAR OF GRADUATION			
PROFESSIONAL BACKGROUND AND ACCOMPLISHMENTS					
REASONS YOU SUPPORT THIS NOMINEE					
YOUR NAME					
MAILING ADDRESS					
CITY	CTATE	710	EAAAII		

Attach an additional sheet of paper if necessary. Return nominations to Illinois State University, Mennonite College of Nursing, Campus Box 5810, Normal, IL 61790-5810

Where are they now? Marilyn Lowder Maffett, class of 1986

After graduating from Mennonite College of Nursing in 1986, Marilyn Lowder Maffett worked as a staff nurse on a medical floor at BroMenn Regional Medical Center in Bloomington. Two years later, when her husband's career took them to Maryland, she worked on a hospice/oncology unit for three years. When they moved to Georgia, Maffett worked for a home health agency in the vicinity of Atlanta. Eventually, they moved back to Bloomington and Maffett returned to work at BroMenn on the Medical/Oncology unit. She obtained her Oncology Nurse Certification while working at BroMenn and was transferred to BroMenn's Home Health Care Agency in 1993, where she worked for 10 years. Marilyn and her husband, Kevin, have three children: Andrew, age 14, Kelsey, age 11, and Paige, age four.

As a result of her professional experience—and her experience as a mother—Maffett sought a tool to pull together a patient's medical history and other information. Therefore, she designed a booklet to track her four year old's battle with asthma. The booklets, created for her children, have been invaluable in helping Maffett to record their illnesses. In developing this idea for medical record keeping booklets, Maffett drew on 17 years of experience as an RN and 15 years of experience as a mother. Consequently, she decided to start a home-based business, using her expertise to help others manage their health care more efficiently.



Marilyn Lowder Maffett

Cool Breezes is a new business that provides a solution to organizing health care information. With a Cool Breezes' booklet, major illnesses and minor health concerns can be recorded easily in one location. Families can quickly access health history information, or retrieve details regarding an illness. Additionally, there is a column in the booklet designed for parents or patients to jot down instructions during visits to the doctor to accurately record new medications, treatments, or future appointments. The Cool Breezes booklet is appropriate for children or adults.

If you are interested in placing an order for this booklet, please contact Marilyn Maffett at (309) 378-2445, e-mail her at coolbreezes997@aol.com, or write to her at 10060 Wolf Hill Road, Bloomington, IL 61704.

We want to hear from our Mennonite graduates!

Mennonite College of Nursing faculty, staff, and alumni love to hear all those wonderful stories about our graduates. Do you have a story about your nursing career you would like to share? What about an adventure or experience you've had that relates to nursing that may inspire others? Please call Amy Irving at (309) 438-7418 or e-mail her at amirvin@ilstu.edu to make arrangements to relate your stories. Who knows, your story may be one of the Alumni Chronicles included in the next Flame. We hope to hear from you soon!

Available exclusively at Star Uniforms & Gifts, The Mennonite College of Nursing afghan features landmarks and symbols of the college. This beautiful custom afghan will make a great keepsake of your alma mater. 100 percent pre-washed cotton, machine washable, "50x65," made in the USA by Riddle Manufacturing, Inc.

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Phone number			Embroidery (\$12 each)	
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Second line				
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MCN Faculty Inducted into the Golden Key International Honour Society

Jenifer Patton, RN Senior Nursing Student Honorary Members Director Golden Key International Honour Society Illinois State University Chapter

Dianne L. Clemens, an instructional assistant professor in the Mennonite College of Nursing (MCN), was one of the five Honorary Members inducted into the Illinois State University chapter of the Golden Key Interna-

tional Honour Society on October 26, 2003. She is the first professor from Mennonite College of Nursing to become a part of this prestigious society since MCN became a part of Illinois State University.

The four other Illinois State inductees were: Helen Mamarchev, vice president for student affairs; Neil Skaggs, professor of economics; Jon Friesen, assistant professor of biochemistry; and Larry Alferink, interim director of the Honors Program and professor of psychology.

Golden Key has more than 8,000 honorary members, who are elected by local chapters and are active on their

campuses or in their communities. Local Golden Key chapters select up to five honorary members annually. Honorary members reflect the qualities and values of the society and are active in areas of scholarship, leadership, or service.



Golden Key strives to build global communities of academic achievers by providing opportunities for individual growth through leadership, career development, networking, and service.

Clemens' service to the University and the community qualified her for Golden Key membership. She is a member of the National Alliance for the Mentally Ill and the International Delta Kappa Gamma Society. Clemens has an American Nurses Association Certification in Psychiatric Mental Health Nursing and she is an instructional assistant professor, who focuses on the geriatric population and psychiatric mental health. Clemens has served on the Regional Nursing Conference Planning Committee. She also has served as vice chair of the College Council and been active in many MCN committees. Clemens also is a pianist at her church.



Alumni celebrate Nurses Week with students, April 27 and 29

Dianne Clemens, left, and Jenifer Patton



MCN araduate students went to Irvina Elementary School on August 15, 2003 to administer physicals to students.

2004 Degree Candidates

Bachelor of Science in Nursing (B.S.N.)

Karla Francisco

Kristin Frv

Lisa Griggs

Amy Guy

Molly Haber

Stephanie Harper

Katharine Jenner

Amber Kleinhans

Joanna Koeppel

Melissa Laylock

Aileen Macato

Dana Matlock

Amy Miller

Paula Mims

Kellie Novak

Kara Olson Amy Petric

Maryanne Lippert

Meghann McCully

Neesha Nicklaus

Rebekah Nowak

Elizabeth O'Connor

Elizabeth Kelly

Lisa Kiebles

Tasha Gilbert

Amanda Gross

Michelle Przybyla Laura Rains Iulie Becker Julianne Reimer Erin Benish Aja Reinstein Lacev Bernardini Megan Richardson Erica Bond Larissa Roemersberger Michelle Brown Jaycie Roop Rebecca Brown Courtney Roth Katherine Bruch Nichole Schulz Ionna Burchett Brianne Swiech Kristin Busing Sunita Thomas Jill Caldwell Laura Thompson Meghan Campbell Bonnie Tysiak Matthew Carr Kenneth Vandyke Ashley Casto Candace Visser Iennifer Clemens Elizabeth Vose Nicholas Cole Clare Vybiral Jessica Conroy Sarah Weber Rebecca Davis Karen Wennerberg Tia Davis Regina Wiegand Ginger Denney Jennifer Wieland Brianne Dressler Stephanie Wilson Codee Ehling Jill Worman Neal Evans Katherine Wright Meghan Fiscella Hannah Zwanzig Lindsey Fisher

Candidates for Family Nurse Practitioner (F.N.P.) Master's Degree

Ida Clark Christine Greene Jennifer Hoffman Jennifer Koch

Candidate for Post-Master's FNP Certificate

Mary Oldeen

Candidate for Nursing Systems Administration (N.S.A.) Master's Degree

Theresa Adelman

Registered nurses receiving Bachelor of Science in Nursing (B.S.N.)

Jennifer Powell

Crystal Alzafari Stephanie Breedlove Beverly Bruce Lakeisha Coleman Sandra Fisher David Hammond Carmilyn Lesemann Jenifer Patton Froilan Perucho Cheryl Robbins Sarah Rudin Kimberly Schoedel Mary Jane Schroeder Tammy Serafini Ashlee Sloman Ann Sparks Martha Stevens Katie Tipton Pablo Valadez Jennifer Walker Ianet Wiser

Student Nurse Association Officers 2004-05



Jennifer Lynn Mathre

President: Jennifer Lynn Mathre Hometown: Newark, Illinois

Why did you decide to major in nursing?

I have always wanted to be involved in the medical field. I have a brother with disabilities and I saw what a difference the nurses made in our lives and I hope to bring care, comfort, and support to others as they did. I would also like to pursue an advanced degree—with nursing I know the opportunities and possibilities are endless!

What things do you hope the Student Nurse Association (SNA) will accomplish next year?

Next year I would like to see a large involvement of Mennonite students in the organization and encourage early admit involvement. I would also like to introduce service projects that benefit the community, introduce a possible semiformal event for the students to enjoy, tutoring or study night gatherings with coffee and munchies, have a benefit volleyball/softball tournament, and many more exciting events!

Vice-President: Leigh Lucas Hometown: Galesburg, Illinois

Why did you decide to major in nursing?

When deciding between business and nursing, I was given the opportunity to observe a Certified Registered Nurse Anesthetist (CRNA) for two days. After that two-day experience, I decided to go into nursing because I knew nursing would give me many opportunities and experiences.



Leigh Lucas

What things do you hope the Student Nurse Association (SNA) will accomplish next year?

As an SNA vice president, I hope to integrate more community service opportunities into our activities. Furthermore, as the Peer Support Person (PSP) chairperson, I would like to start a tutoring program for the incoming juniors. This tutoring opportunity can start with the Student Nurses Association. Additionally, I would like to increase the attendance of the early admits.



Cathleen Ryan

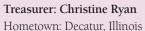
Secretary: Cathleen Ryan Hometown: Decatur, Illinois

Why did you decide to major in nursing?

I decided to major in nursing because of my instinct for caring and the large shortage of nurses in the medical field.

What things do you hope the Student Nurse Association (SNA) will accomplish next year?

Next year I would like to see more involvement within the community and more participation of our nursing students.



Why did you decide to major in nursing?

I majored in nursing because I personally find it rewarding to see that you have helped someone.

What things do you hope the Student Nurse Association (SNA) will accomplish next year?



Christine Ryan

I hope to see the students get more involved with the program in meetings, community involvement, and within the student body.

From a Student's Journal...

As part of becoming a professional nurse, it is important to synthesize scientific and technical expertise with expertise gleaned from the liberal arts. Being with patients, understanding their world, and learning to find meaning in complex, difficult, and often tragic situations are critical components of becoming a successful nurse. In the college, we ask students to keep journals regarding their experiences and what they learn. This exercise provides a way for self-reflection and the gaining of insight. The following is an excerpt from one of the student's journals:

We are the Hollow men
We are the stuffed men
Learning together
Headpiece filled with straw. Alas,
Our dried voices, when
We whisper together
Are quiet and meaningless.
T.S. Eliot

This is a quote from a poem by T.S. Eliot. Read it well and remember it, for it is too often that we act as such. How many times do we click the remote control instead of rising to change the channel or carelessly brush a hair from our face? Yesterday I did these things and thought nothing of it but today, today was different. Today I met a young man who was about 15 years old. He was a basketball player, 6 foot 2 and handsome probably could have been a pro, but that was not meant to be. God had other plans for him. Last fall he was accidentally shot by his best friend. The bullet caused a fracture of C2 thru 4. The young man will never walk again. He will never play basketball, nor hold hands with a girl. He will never even hug his mother again. Another young man entered the U.S. Army not long ago. He was going through basic training and got a pain in his shoulder, this pain continued and the doctors told him it was simply from too many push-ups. To make a long story short it wasn't from push-ups at all. This gentleman had Non-Hodgkins lymphoma. By the time it was diagnosed, it had metastasized to multiple areas of his body including his head. This young man went in to fight for his country and ended up fighting for his life.

Look around, the world is a wonderful place and we need to see that and be thankful for it. This afternoon I was so worried about not having a car to drive because mine was in the shop that I failed to see how truly blessed I really am. It isn't the material things that are important in this life. To be able to be a nurse, and to speak, and know that your very words and actions are making a difference in a person's life. That! That is what is important!

The Lord giveth and the Lord taketh away. I never considered that enough until tonight. I thought a lot when I got back from clinical. Why had God put me in such a position? What was my purpose here? I couldn't help either of these men. But I think maybe I know why. Maybe it is just to tell me to slow down. Stop taking everything for granted. The world is filled with people who struggle and suffer so much more then I do. We are the Hollowmen. We cease to think!!!! So often we dwell on minor problems that we forget to be grateful for the things we think of as little, like the ability to hug our parents. And to wipe away the tears we cry. If I learn nothing else as a nurse I hope I will have learned from this very experience to appreciate what a blessing the gift of health really is so that I can devote my life to restoring that health in all its forms; (spiritual, physical, mental) to my patients by my compassion, understanding and kindness. Thank you for the opportunity to write this free text as it gave me a chance to reflect on what my job as a nurse really is, because it's not just the technical aspect; it is so much more, and it is by the grace of God alone that I will understand this "other part" and be able to truly benefit my patients whether I can change their physical situation or not.

Marnie Lippert Senior Nursing Student '04

Faculty/staff notes

Presentations

Sara Campbell, "Identification and Exploration of Resident Attractiveness/Unattractiveness in the Long-Term Care Setting," 56th Annual Scientific Meeting of The Gerontological Society of America, San Diego, California, November 22, 2003.

Mary Dyck, "Measurement Issues with Hydration and Acute Confusion in Long-Term Care Elders," 56th Annual Scientific Meeting of The Gerontological Society of America, San Diego, California, November 24, 2003.

"Communicating with Older Friends," Annual Central District Mennonite Church Women's Retreat in Cassoploic, Michigan, September 2003.

Eileen Fowles, "Nutritional Adequacy in Low-Income Pregnant Women," Sigma Theta Tau International's 37th Biennial Convention, Toronto, Canada.

Karrie Ingalsbe, "Cultural Aspects of Pregnancy and Breastfeeding: Implications for Nurses," McLean County Public Health Department/Maternal-Child Division, September 24, 2003.

Karrie Ingalsbe and Lynn Kennell, "An Asynchronous Innovative International Approach to Teaching Transcultural Nursing Online," 9th Sloan-C International Conference in Florida, November 8, 2003.

Brenda Jeffers, "Educational Needs of Clinical Nurses Caring for Clients Participating in Research Protocols," Midwest Nursing Research Society Conference, St. Louis, Missouri, March 2004.

Cathi Kaesberg, "Licensure Failure and the High-Risk Student: Strategies for Identification and Intervention" and "NCLEX Success: Curriculum, Classroom, Clinical (Pre-conference)," Mosby's Faculty Development Institute, San Diego, California, January 2004.



Janet Stivers

Retiree

Janet Stivers, M.S., R.N., part-time advisor for pre-nursing students, retired at the end of May. She was with Mennonite College of Nursing for four years, and had 25 years of service at Illinois State University. She will celebrate her retirement by going on a cruise to Alaska with her family. She will continue to work as a nurse at St. Joseph's Center for Healthy Lifestyles. We thank Janet for her dedication to the college and wish her a happy retirement!

Susan Kossman, "Tech Café," Millennium Girls Conference, Illinois State University, October 2003.

Pam Lindsey, "Getting People To Do What They Want: Empowering Nontenure Faculty to Develop Their Niche," Sigma Theta Tau International's 37th Biennial Convention, Toronto, Canada. "Pilot Study: Psychiatric Nurses' Decision to Restrain," Midwest Nursing Research Society Conference, St. Louis, Missouri, March 2004.

Caroline Mallory, "Determining Probable Participation in a Randomized Clinical Trial," Midwest Nursing Research Society Conference, St. Louis, Missouri, March 2004.

Janeen Mollenhauer, "Stress Management: Relaxation Exercises," Mitsubishi Motors, Normal, Illinois, August 2003

Emily Schlenker, "Use of Touch Therapy in the Care of Dementia Clients: A Progress Report," WSSA Annual Meeting, Salt Lake City, Utah, April 2004.

Fellowships/Accomplishments

Eileen Fowles was selected as a Postdoctoral Fellow in the Center for Health Promoting Interventions; Underserved Women at the University of Texas at Austin for the 2004-2005 academic year. She also has been selected to receive the Outstanding College Researcher Award for her work in the area of maternal nutrition.

Brenda Jeffers has been selected for the AACN Leadership for Academic Nursing Program funded through the Helene Fuld Trust.

Caroline Mallory has been selected to receive Illinois State University's Teaching Initiative Award for 2003-04.

Publications

Cacchione, P. Z., Culp, K., Mary Dyck, and Laing, J. (2003). "Risk for acute confusion in sensory impaired rural long-term care elders." Clinical Nursing Research, 12(4), 340-355.

Nancy Ridenour, (2003). "Prevention Key to Managing Swimmer's Itch." The Nurse Practitioner Journal, 28 (11) 54-55.

Swartz, M., Grey, M., Allan, J., Nancy Ridenour, Kovner, C., Hinton-Walker, P., and Marion, L. (2003). "A day in the lives of APNs in the U.S." The Nurse Practitioner Journal, 28 (10) 32 - 39.

Alumni Notes

1935

Our sympathies go to the family and friends of **Marie** (Marquis) Yoder, who died on April 19, 2004.

1941

Our sympathies go to the family and friends of **Susan** (**Suderman**) **Ackerman**, who died on April 4, 2004.

1963

Carol (Martin) DeVault retired after 36 years with Brokaw Hospital and BroMenn Regional Medical Center in Bloomington. She worked various areas for six years before becoming a recovery room nurse—a position she had for 30 years.

1981 and 1987

Laura (Cisco) Furman works as a school nurse for the Unit 5 District in Normal, Illinois. In January 2003 she received her M.Ed. from the School of Nursing at Cambridge College, Cambridge Massachusetts. In June 2003 she attended the 35th Annual NASN Convention and received the National Certification School Nurse (NCSN). In October 2003 she received the NASN/EPA Scholarship to "Managing Asthma Triggers" and "Indoor Air Quality" seminars in Washington, D.C.

1990

Amber (Blaser) Jones gave birth to Emily Marie Jones on November 21, 2003. Emily has a big sister, Lauren Elisabeth Jones, who is three and a half years old. Amber works in the Emergency Department at St. Joseph's Medical Center in Bloomington. She has recently completed courses as a PALS instructor, Trauma Nursing Care Course (TNCC), and ECRN.

1991

Our sympathies go to the family and friends of **Natalie Fults-Perez**, who died on December 2, 2003.

1992

Laura (Delorenzo) Kruger changed careers. She no longer is working as a nurse and has been slowly transitioning toward flying full time. She was a full-time flight instructor for the past one and a half years and recently was hired as an airline pilot for Mesa Airlines.

1993

Paul Jokisch and wife, Eden, welcomed Lauren Elizabeth on November 5, 2003. Paul works at Parkland Memorial Hospital in Dallas, Texas.

1996

Kelli (Finck) Peterson gave birth to daughter, Averi Lyn Peterson on August 16, 2003. Kelli works as an RN in the emergency room at Memorial Hospital in Colorado Springs, Colorado.

1997 and 2002

Jennifer (Budd) Frank gave birth to Micah

William Frank on March 17, 2003. Jennifer also
has a four year old, Christian James. She works
as a nurse practitioner with two occupational medicine
physicians at the Springfield Clinic in Springfield, Illinois.

1998

Tracie (Thull) Chamberlain and husband, Jim, welcomed Jackson Cannon on July 25, 2003. Older brothers Jimmy, age 14, and Max, age 11, are very excited about their new baby brother. Tracie works at Carle labor and delivery in Urbana, Illinois, and commutes from Bloomington. Tracie would love to hear from any of the December 1998 grads!

2001

Jennifer (Langellier) Shaw and husband, Brad, welcomed their son, Konnor Kent Shaw on October 10, 2003. Jennifer recently switched jobs from working as an RN at Memorial Medical Center in Springfield (Family Maternity Suites) to working at Family Medical Center in Lincoln, Illinois, as an office nurse.

2002

Keli (Sammans) Sidebottom and husband, Steven, welcomed Lucas Creed Sidebottom on June 7, 2003. Keli is an RN in labor and delivery at BroMenn.

Progress notes

We welcome updates from alumni for *The Flame* publication. We want to know about your activities, career news, family news, and other significant activities (weddings, births, honors and awards, promotions, changes in employment, personal accomplishments). Thank you for sharing your news with other alumni. Please fill out this form and return it so your news will be published in the next issue. Mail to Illinois State University, Mennonite College of Nursing, Campus Box 5810, Normal, IL 61790-5810, or e-mail to amirvin@ilstu.edu.

NAME		MAIDEN NAME (IF APPLICABLE)				
DATE CLASS YEAR						
MAILING ADDRESS	CITY		STATE	ZIP		
TELEPHONE		E-MAIL				
PRESENT OCCUPATION/EMPLOYER						
NEWS/COMMENTS						

A Revered Reputation . . .

By Jenny Ward, director of Development

For most of you, I am a new face to Mennonite College of Nursing. I hope that each of you not only has an opportunity to recognize me, but also shares with me your important times at the college, as well as your hopes and dreams for the future of nursing.

I have been blessed to have the opportunity to meet some of our alumni, financial supporters and community partners, faculty, and students in the past few months since I have joined our staff. I am learning that our alumni are very proud of the high quality of nursing and high personal standards of conduct that they associate with Mennonite College of Nursing. Our supporters and partners are concerned that our college needs to continue to address the national nursing shortage by maintaining and even expanding our program to educate more young people to become nurses, in spite of shrinking budgets.

As the Mennonite College of Nursing approaches its 85th anniversary this summer, and its fifth at Illinois State University, we will celebrate our history, our strong foundation, the leaders and nursing professionals who are our alumni and who made our reputation so revered. We also will look forward to the challenges ahead, to how we can best address the changes in health care and changes in nursing education, which naturally will follow.

I will continue to travel to meet as many people as possible. I welcome your ideas and concerns. I have found that often the best ideas for events, financial support, and communication come from our alumni and friends. Thank you for your support, your ideas, your advocacy, and your pride in nursing and Mennonite College of Nursing.

Jenny Ward, director of development, can be reached at (309) 438-7178 or by e-mail at jsward@ilstu.edu.

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Mennonite College of Nursing Donor Roll

October 1, 2003-April 30, 2004

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Jenny Ward